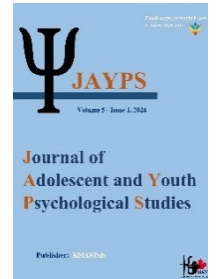




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# Effectiveness of Acceptance and Commitment Therapy on Emotional Eating Behavior, Emotion dysregulation, Perceived Stress, and Rumination in Women with Chronic Obesity

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer: A valuable contribution to the field with robust methodology and insightful findings. Some areas require further clarification and expansion, particularly in the practical application of the research:

Title and Abstract: Evaluates clarity and comprehensiveness.

Introduction: Assesses the background provided and the problem statement.

Methods and Materials: Reviews the study design, sample selection, and tools used for measurement.

Results: Considers the data presentation and its alignment with the research question.

Discussion and Conclusion: Examines the interpretation of results, conclusion, and connection to existing literature.

Limitations and Suggestions: Critiques the stated limitations and proposed future research directions.

Overall Assessment: General comments on the paper's contribution to the field.

Authors uploaded the revised manuscript.

### 1.2. Reviewer 2

Reviewer: The paper is a significant contribution to the fields of psychology and obesity management. Expanding on practical and theoretical implications could further elevate its impact.

- The study addresses a critical area in psychology and obesity management, providing valuable insights. However, its groundbreaking nature could be better emphasized.
- The study commendably integrates psychological and nutritional perspectives. Further exploration of how these disciplines interact in the context of chronic obesity would be beneficial.
- The evidence is robust and well-presented. However, a more diverse sample could strengthen the study's empirical basis.
- The research has significant implications for therapeutic practices. Discussing specific strategies for implementing these findings in clinical settings would enhance this section.
- The study makes important contributions to the understanding of emotional eating and therapy effectiveness. Linking these findings to broader psychological theories could enrich this discussion.

Authors uploaded the revised manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.