



Article history: Received 05 October 2023 Revised 11 December 2023 Accepted 18 December 2023 Published online 08 January 2024

Journal of Adolescent and Youth Psychological Studies

Open peer-review report



E-ISSN: 2981-2526

Investigation of The Effectiveness of Treatment Based on Rhythmic Movements on The Level of Mistrust/Misbehavior Schema of Women with Depressive Symptoms

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1. Round 1

1.1. Reviewer 1

Reviewer:

1. Title and Abstract

- Clear and well-aligned with the content.
- Suggestion: Include a brief summary of key findings in the abstract.

2. Introduction

- Provides a good overview of the research area.
- Suggestion: Expand on the theoretical framework linking rhythmic movements and psychological schemas.

3. Methodology



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- Detailed description of the quasi-experimental design.
- Suggestion: Elaborate on the criteria for participant selection and randomization process.

4. Results

- Results are well-presented with appropriate statistical analysis.
- Suggestion: Include more detailed interpretation of the statistical significance and its practical implications.

5. Discussion

- Effectively links the findings with existing literature.
- Suggestion: Discuss potential alternative explanations for the findings and how they fit into the broader context of psychological therapies.

Conclusion

- Succinctly summarizes the main findings.
- Suggestion: Highlight the potential for future research and applications in clinical settings.

Overall Assessment

- The article is methodologically sound and adds value to the field of psychological therapy.
- Decision: Accept after minor revisions.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer: This article makes a meaningful contribution to the field of psychology, particularly in exploring alternative therapies for depression. With minor revisions, particularly in expanding its discussion and addressing methodological details, the paper would be a strong addition to the journal.

- Research Design: The quasi-experimental design is appropriate for the study's objectives. However, further clarity on participant selection and randomization would enhance the study's robustness.
- Data Analysis: The use of the Young Schema Questionnaire and statistical methods like covariance testing are welljustified. A deeper discussion on how these results compare to other forms of therapy would be beneficial.
- Findings and Implications: The findings indicating the effectiveness of rhythmic movement-based therapy are compelling. The paper could benefit from a more extensive discussion on how these findings can be generalized to other populations or integrated into existing therapeutic practices.
- Limitations and Future Research: While the authors acknowledge some limitations, a more thorough exploration of the potential biases and constraints of the study would strengthen its conclusions. Suggestions for future research directions, particularly in diverse cultural contexts, would be valuable.

Decision: Accept with minor revisions, with an emphasis on enhancing the discussion of the methodology and broader implications of the findings.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

