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Examining the Effectiveness of Emotional Intelligence Training on Alexithymia Components in Students

Raziyeh. Kahani¹, Davoud. Manavipour^{2*}, Mojtaba. Sedaghati Fard²

¹ PhD student, Department of Psychology, Garmsar Branch, Islamic Azad University, Garmsar, Iran
² Associate Professor, Department of Psychology, Garmsar Branch, Islamic Azad University, Garmsar, Iran

* Corresponding author email address: manavipor53@yahoo.com

Reviewers
Reviewer 1: Parvaneh Mohammadkhani
Professor, Department of Clinical Psychology, University of Rehabilitation Sciences
and Social Health, Tehran, Iran. Email: Pa.mohammadkhani@uswr.ac.ir
Reviewer 2: Mehdi Rostami [®]
Department of Psychology and Counseling, KMAN Research Institute, Richmond
Hill, Ontario, Canada. Email: dr.mrostami@kmanresce.ca
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1. Round 1

1.1. Reviewer 1

Reviewer: The topic is highly relevant and addresses an important aspect of student psychology. However, please consider the following suggestions:

Methodology Clarification: More details on the selection process for participants would strengthen the validity of the results.

Long-term Impact Assessment: The study assesses only the short-term effects of training. Including long-term follow-ups would provide insight into the sustainability of outcomes.

Additional Measures: Incorporating objective measures such as behavioral observations could complement the self-reported measures used.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer: Overall, the study addresses a gap in research concerning emotional intelligence training for students with alexithymia. It can be published after minor revisions.





Broader Implications: The discussion could be expanded to relate findings to broader psychological theories or educational practices.

Addressing Confounding Variables: The study should consider the impact of socio-economic status, family background, and existing mental health conditions.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

