

# Journal of Adolescent and Youth Psychological Studies

Open peer-review report

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## The Effectiveness of Play Therapy on Improving Emotion Regulation and Social Adjustment of Students Addicted to Online Games




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### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

Broaden the review to include more diverse studies on play therapy's impact across different contexts, not just online game addiction. This will provide a richer theoretical backdrop and highlight the intervention's versatility.

Clarify the selection criteria for participants and detail the randomization process to strengthen the study's validity. Additionally, expanding on the play therapy intervention's specifics, such as session activities and theoretical frameworks, could offer insights into which elements were most effective.

Deepen the analysis by exploring potential mediators or moderators (e.g., age, severity of addiction) that could influence the therapy's effectiveness. Discussing these factors would provide a more nuanced understanding of the intervention's impact.

Although follow-up results are included, a longer-term assessment could offer valuable insights into the durability of therapy benefits. Propose conducting future studies with extended follow-up periods to track these outcomes.

The study's findings are specific to a particular demographic and setting. Discuss the limitations regarding generalizability to other populations and suggest ways future research could address these gaps.

Authors uploaded the revised manuscript.

## 1.2. Reviewer 2

Reviewer:

Streamline the introduction to more directly link online game addiction's challenges to the potential benefits of play therapy. This will help set a focused tone for the paper.

Enhance the clarity of results presentation through more detailed tables and figures. Visual aids that succinctly summarize the findings can greatly aid in the reader's comprehension.

While ethical considerations are mentioned, providing more detail on consent processes, especially considering the involvement of minors, would strengthen the ethical rigor of the study.

Conduct a thorough proofreading to correct any grammatical or typographical errors. Ensure consistency in terminology and formatting to enhance the paper's professionalism.

Authors uploaded the revised manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.