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# The Effectiveness of Cognitive Hypnotherapy on Subjective Pain and Guilt in Individuals with a History of Suicide

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### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

The statement "According to the Ministry of Health 100000 people committed suicide in 2018" should include a reference for verification and further detail about the source of this data.

Clarify the phrase "Most articles address suicidal thoughts rather than attempts." It's essential to specify which articles or studies are being referred to for more precise understanding.

The term "cognitive restructuring techniques" is broad. Please specify which techniques were used and provide a brief explanation of each.

When discussing guided imagery and regression techniques, clarify if these were standardized methods or tailored to individual participants. If standardized, include references.

The text mentions the use of SPSS-22 software for analysis but later refers to SPSS-21. Ensure consistency by correcting this discrepancy.

The mean and standard deviation values are presented without any context. Include a brief interpretation of these values directly following the table for better reader comprehension.

The explanation of Mauchly's test of sphericity and Levene's test results could be simplified for clarity. Consider adding a brief statement on why these tests are important for the assumptions of repeated measures ANOVA.

Ensure that the significance levels (p-values) are consistently reported to three decimal places for uniformity across the table.

The mention of "negative cognitive emotion regulation strategies" would benefit from examples. Include at least one or two examples for better understanding.

Authors uploaded the revised manuscript.

#### 1.2. Reviewer 2

#### Reviewer:

The inclusion criteria mention a minimum educational level of a high school diploma. Please justify why this specific educational requirement was necessary for the study.

The description of the Psychological Pain Assessment Questionnaire (PSEQ) should include more detail on its psychometric properties, specifically within the context of the Iranian population.

The Eysenck Guilt Test's reliability coefficients are mentioned. It would be beneficial to include the sample size and demographic characteristics of the population on which these reliability measures were obtained.

Expand on the specific relaxation techniques introduced in the first session. Providing examples or a brief description would enhance clarity.

Clarify the asterisks (\*) indicating significance levels. Include a note below the table explaining what the asterisks represent (e.g., \*p<0.01).

When stating that the findings are consistent with previous research (e.g., Sayed Gholami, 2021), include a brief summary of these studies to contextualize the comparison.

The statement "Cognitive hypnotherapy can influence unconscious and negative thoughts" should be backed with references to the relevant studies supporting this claim.

Authors uploaded the revised manuscript.

#### 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.

