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Effectiveness of Schema Therapy on Self-Differentiation and Rejection Sensitivity in Patients with Borderline Personality Disorder

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1. Round 1

1.1. Reviewer 1

Reviewer:

Broaden the scope of the literature review to include a more diverse range of studies on Schema Therapy and its impact on BPD, highlighting gaps the current research aims to fill.

Provide a more comprehensive description of the quasi-experimental design, including the justification for sample size and the selection process for participants.

Elaborate on the statistical methods used, including the rationale for choosing repeated measures ANOVA, and discuss the interpretation of effect sizes in detail.

Strengthen the discussion of the theoretical implications of the findings, particularly how Schema Therapy impacts self-differentiation and rejection sensitivity in the context of BPD.

Offer detailed recommendations for clinicians on implementing Schema Therapy for BPD patients, based on the study findings.

Address the study's limitations more critically, especially concerning the generalizability of results to different populations, and suggest specific areas for future research.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Include a more detailed analysis of participant demographics and how these characteristics might influence the therapy outcomes.

Provide a detailed session-by-session breakdown of the Schema Therapy intervention to allow for replication and to understand the mechanisms of change.

Offer a deeper analysis of the results, exploring potential mediators and moderators of the therapy's effectiveness.

Position your findings within the broader context of existing research, discussing both concordances and discrepancies with previous studies.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

