

The Impact of Art Therapy on Shyness and Social Skills in Students

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1. Round 1

1.1. Reviewer 1

Reviewer:

This manuscript presents important findings on art therapy's role in enhancing social skills and reducing shyness among students. For publication, major revisions are recommended to expand the literature review, clarify methodology, deepen the analysis, and provide a more comprehensive discussion on practical implications and future research directions. Addressing these points will significantly improve the manuscript's contribution to the fields of education and child psychology.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The introduction succinctly establishes the significance of social skills and the challenges of shyness. Expanding on how art therapy specifically addresses these challenges, including theoretical underpinnings, would strengthen the study's foundation.

The review could benefit from a broader scope, incorporating a more diverse range of studies on art therapy's effectiveness across different demographic groups and settings. This would contextualize the study within the broader field of therapeutic interventions for children.

The experimental design is appropriate; however, the selection process and criteria for participants need further clarification to ensure replicability. Additionally, detailing the art therapy sessions' content could enhance the study's transparency and utility for practitioners.

While the findings are promising, a deeper statistical analysis could enrich the study. Exploring effect sizes and long-term impacts of art therapy on shyness and social skills would offer more nuanced insights.

The discussion effectively ties the findings to the literature but could further explore the implications for educational and therapeutic practices. Addressing potential barriers to implementing art therapy in school settings would provide practical value.

The study acknowledges limitations; however, a more detailed discussion on the generalizability of the results, considering the small sample size and single location, would be beneficial. Suggestions for future research could include longitudinal studies to assess the durability of art therapy's effects.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.