






Developing an Emotion Regulation Training Protocol and Examining Its Effectiveness on Internet Addiction among Female Students

Fataneh. Kheiripour¹, Maryam. Bahrami Hidaji^{2*}, Fatemeh. Mohammadi Shirmahaleh³, Zohreh. Rafezi², Mania. Asgharpour²

¹ PhD Student in General Psychology, Department of Psychology, Karaj Branch, Islamic Azad University, Karaj, Iran

² Assistant Professor, Department of Psychology, Karaj Branch, Islamic Azad University, Karaj, Iran



³ Assistant Professor of Psychology, Clinical Psychology Department, Faculty of Psychology and Education, Allameh Tabataba'i University, Tehran, Iran

* Corresponding author email address: fatemeh.mohammadi@kiaiu.ac.ir

Editor

Seyed Ali Darbani¹
Assistant Professor, Department of Psychology and Counseling, South Tehran Branch, Islamic Azad University, Tehran, Iran
Ali.darbani@iau.ac.ir

Reviewers

Reviewer 1: Parvaneh Mohammadkhani¹
Professor, Department of Clinical Psychology, University of Rehabilitation Sciences and Social Health, Tehran, Iran. Email: Pa.mohammadkhani@uswr.ac.ir
Reviewer 2: Mehdi Rostami¹
Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: dr.mrostami@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

Expand the literature review to incorporate a broader theoretical basis and recent empirical findings related to emotion regulation and internet addiction.

Provide a more comprehensive explanation of the research design, participant selection criteria, and the rationale behind the chosen sample size. Clarifying these aspects would enhance the study's replicability and validity.

Detail the content and structure of the emotion regulation training sessions. A session-by-session breakdown, including specific exercises and the theoretical justification for each component, would significantly contribute to the study's transparency and applicability.

Elaborate on the mixed-methods approach used for data analysis. Discuss the choice of statistical tests, the interpretation of results, and how these methods align with the study's objectives.

Deepen the discussion section by situating your findings within the broader context of internet addiction research. Highlight the implications of your study for future research, policy, and practice.

Address the limitations more comprehensively, especially those related to the generalizability of findings and potential biases. Suggest avenues for future research, including longitudinal studies to examine the lasting effects of the intervention.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Consider diversifying the participant pool to include a wider demographic range. This would help in understanding the intervention's effectiveness across different groups.

Clarify if the control group engaged in any activities or received any form of intervention during the study period. This information is crucial for interpreting the effectiveness of the emotion regulation training.

Expand on the ethical considerations, particularly how participants' confidentiality was maintained and the steps taken to address any psychological distress induced by the study.

Offer detailed recommendations for educators, counselors, and parents based on the findings. Discuss how emotion regulation training can be integrated into existing programs aimed at reducing internet addiction.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.