

# Effectiveness of Parental Behavioral Training on Distress Tolerance, Family Cohesion, and Maternal Parenting Self-Efficacy in Mothers of Children with Oppositional Defiant Disorder Symptoms

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

Expand the literature review to more comprehensively cover existing studies on parental interventions for ODD. This could include contrasting different intervention approaches (e.g., cognitive-behavioral vs. behavioral) to provide a broader context for your study's contribution.

Clarify the theoretical framework guiding the intervention. While Choice Theory is mentioned, a more detailed explanation of its principles and how it informs the training program could strengthen the study's foundation.

Address the sampling method's limitations more thoroughly. Purposive sampling and a relatively small sample size may affect the generalizability of the findings. Discuss strategies for mitigating these limitations or suggest how future research could address them.

Provide more details on the intervention content and structure. Expanding on the specific components of the Choice Theory-based training and how each session contributes to the overall goals would enhance understanding and replicability.

Consider additional statistical analyses to explore the intervention's effects on different subgroups within the sample. This could include examining whether the training's effectiveness varies by the severity of ODD symptoms, the mothers' baseline distress tolerance levels, or other relevant factors.

Discuss the potential for ceiling effects or other measurement limitations that might have influenced the results, especially in terms of the scales used for distress tolerance, family cohesion, and parenting self-efficacy.

Strengthen the discussion by integrating more comparative analysis with previous studies. Highlighting similarities and differences in findings can provide deeper insights into the intervention's effectiveness and its potential applicability in broader contexts.

Address the implications of the findings for clinical practice, specifically how the training program might be adapted or integrated into existing support services for families dealing with ODD.

Elaborate on the limitations related to the study's design, particularly the lack of randomization and the potential impact of this on the results. Discuss how future research might overcome these limitations through randomized controlled trials or longitudinal studies.

Suggest avenues for future research, including exploring the long-term sustainability of the training's effects and examining its impact on other family members, such as siblings of children with ODD.

Authors uploaded the revised manuscript.

### 1.2. Reviewer 2

Reviewer:

Enhance the clarity of the methodology section by providing more precise details about the data analysis process. For instance, elaborating on the criteria for statistical significance used in the analysis can improve the reader's understanding of the results.

In the results section, consider presenting the data visually through charts or tables to complement the narrative description. This could help readers more easily grasp the magnitude and significance of the findings.

Strengthen the integration of your findings with existing literature in the discussion section. Highlight how your results contribute to the current body of knowledge on parental interventions for ODD and the theoretical implications for Choice Theory in this context.

Address potential practical implications of your study more directly, including recommendations for incorporating the training program into standard care practices or community-based support services for families of children with ODD.

Make the conclusion more impactful by succinctly summarizing the key findings and their significance for both research and practice. Emphasize the unique contributions of your study to the field and potential pathways for future research.

Include a brief reflection on the study's methodological strengths and how they contribute to the reliability and validity of the findings, alongside a concise acknowledgment of any remaining limitations.

Ensure that all references are up-to-date and accurately cited according to the journal's style guide. Consider including recent studies that have emerged since the initial literature review was conducted.

Conduct a thorough proofreading pass to correct any typographical or grammatical errors, ensuring the manuscript meets the high standards expected for publication.

Authors uploaded the revised manuscript.

## 2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.