


Comparing the Effectiveness of Schema Therapy and Pre-Marriage Cognitive-Behavioral Therapy on the Desire to Marry and Fear of Marriage Among Single Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The methodology describes convenience sampling but does not sufficiently detail the process for ensuring that participants' assignment to groups was random and equitable. Clarifying this process would strengthen the validity of the study's findings.

While the paper provides ANOVA results, including additional statistical details such as effect sizes and confidence intervals would offer a more comprehensive understanding of the therapy effects.

The lack of significant differences between schema therapy and CBT's effectiveness warrants further discussion. The authors should explore potential reasons and implications for clinical practice more deeply.

While some limitations are mentioned, a more detailed discussion on the sample's representativeness, potential biases, and the applicability of the findings to broader populations would be beneficial.

Some references appear to be outdated or not directly related to the core topics discussed. An update and expansion of the literature review to include the latest research in this area would be advantageous.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The quasi-experimental design raises questions about the equivalence of groups at baseline and the potential for confounding variables influencing the outcomes. A more detailed explanation of how these issues were addressed or mitigated is required.

The control group received no intervention, which is a limitation given the potential for placebo effects or the impact of time on the measured outcomes. Considering a control activity that mimics the attention without the therapeutic content could strengthen the study.

The manuscript should include more detailed descriptions of the therapeutic protocols used, modifications tailored to the study's context, and how fidelity to the intervention models was ensured.

Beyond one-way ANOVA, the manuscript would benefit from a more nuanced analysis, including interaction effects, to explore if certain subgroups responded differently to the therapies.

The literature review currently provides a broad overview but lacks depth in directly comparing schema therapy and CBT in the pre-marriage context. Expanding this section to include theoretical and empirical justifications for expecting differences or similarities in outcomes between these therapies would provide a stronger foundation for the study.

Any instances of participant dropout or variations in session attendance should be discussed, including how these factors might have influenced the study's results and their handling in the analysis.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.