Investigating the Effectiveness of Motivational Interviewing on Social Anxiety and Academic Procrastination among Students

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1. Round 1

1.1. Reviewer 1

Reviewer:

The manuscript requires significant revisions for clarity and coherence. The introduction should more precisely define the scope of the problem and how the study contributes to existing literature. The discussion section also needs to more directly link the findings to existing research, highlighting both agreements and contradictions.

The review seems outdated and narrowly focused. Include recent studies to provide a comprehensive background, especially those that critique or expand upon the effectiveness of motivational interviewing in similar contexts.

The sampling technique (convenience sampling) limits the generalizability of the findings. Consider discussing the potential for selection bias and its impact on the study's outcomes.

The manuscript would benefit from a clearer justification for the intervention's duration and structure. Include a rationale for the number of sessions and their content, comparing with similar interventions in literature.

More details on the control group's activities (or lack thereof) are necessary to understand potential confounding variables.

The analysis section lacks depth in explaining the choice of statistical methods and how they align with the research questions. Discuss why covariance analysis was chosen and its appropriateness for the data structure.

The interpretation of results needs a more critical eye, particularly in discussing why motivational interviewing had varying effects on social anxiety and academic procrastination. Include possible psychological or methodological reasons for these outcomes.

The limitations section should be expanded. Specifically, address the small sample size and its implications for the study's external validity. Discuss how future research could overcome these limitations.

Provide more detail on the ethical considerations, especially regarding participant consent and the handling of any adverse effects during the intervention.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Tighten the narrative by directly linking the study's objectives with the highlighted gaps in the literature review.

Provide additional details about the measures used for assessing social anxiety and academic procrastination to clarify their relevance and validity for this study's population.

Briefly discuss the criteria used for excluding participants and how this might affect the study's applicability to a broader student population.

Include a more nuanced discussion of the statistical significance levels and what they imply for the practical application of motivational interviewing in educational settings.

Expand the discussion to consider alternative explanations for the observed effects of motivational interviewing, acknowledging the complex nature of social anxiety and procrastination.

Update references where necessary to include the most current research, ensuring the manuscript reflects the latest developments in the field.

Review the manuscript for any APA formatting errors, particularly in the references and figures/tables.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.
Editor in Chief's decision: Accepted.