# Development of an Emotion Regulation Training Protocol and Evaluation of its Effectiveness on Internet Addiction in Female Students

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1.   Round 1

1.1.   Reviewer 1

Reviewer:

Provide a more comprehensive description of the randomization process to clarify how participants were assigned to experimental and control groups, ensuring the reproducibility of the study.

Specify whether the control group engaged in any activities during the study period that could influence the outcomes, to ensure a clear distinction between the effects of the emotional regulation training and other potential interventions.

Discuss the use of blinding in the study (if any). If blinding was not implemented, consider including it to minimize bias in the measurement of outcomes.

Enhance the detail provided about the emotional regulation training sessions. Include specifics about the content of each session to allow replication of the study.

Address the assumptions of the statistical tests used, particularly the normality of data and homogeneity of variances, by providing more detailed diagnostics and possibly adjusting the analysis if assumptions were violated.

Authors uploaded the revised manuscript.

1.2.   Reviewer 2

Reviewer:

Besides p-values, report effect sizes for all primary outcomes to provide a clearer understanding of the magnitude of the intervention's effect.

Conduct and report analyses based on different subgroups (e.g., age groups, severity of addiction at baseline) to explore if the intervention's effect varies among different segments of the sample.

Provide more detailed comparisons and statistical tests between the control and experimental groups across all measurement points to clearly delineate the impact of the intervention.

Discuss the consistency and reliability of the measurement tools across the study duration, particularly if different tools or versions were used at different points.

Include qualitative feedback from participants about the intervention to provide insights into the perceived effectiveness and acceptability of the training.

Analyze and discuss potential confounding variables that might have influenced the study results, such as participants' access to internet outside of home or psychological support from other sources.

Elaborate on any non-significant findings or unexpected results to provide a more nuanced interpretation of the data and its implications for future research.

Authors uploaded the revised manuscript.

2.   Revised

Editor's decision after revisions: Accepted.
Editor in Chief's decision: Accepted.