




Comparison of the Efficacy of Cognitive Behavioral Therapy and Eye Movement Desensitization and Reprocessing (EMDR) on the Quality of Life in Adolescents with Social Anxiety Disorder in Karaj

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1. Round 1

1.1. Reviewer 1

Reviewer:

Refine the abstract for conciseness and clarity. Ensure it briefly summarizes all major sections of the paper, including the study's design, key findings, and primary conclusions.

While the literature review is comprehensive, adding recent meta-analyses comparing CBT and EMDR could provide a stronger foundation for the study's necessity and design.

Please clarify whether the randomization procedure controlled for potential confounders such as age and gender, which are briefly mentioned but not detailed in terms of their handling during analysis.

Enhance the discussion by addressing potential limitations of the interventions' duration and intensity, considering the varied session counts between CBT and EMDR.

Several references appear outdated or irrelevant to the study's specific focus. Update the reference list with more current and directly relevant sources, especially focusing on studies published in the last five years.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Expand on the justification for the sample size, particularly how it was determined and whether it has sufficient power to detect differences not just between treatment and control but also between the two treatments.

Provide a more detailed description of the inclusion and exclusion criteria. This should include more specifics about the psychiatric evaluation and any comorbidities among participants, as these can influence the treatment outcomes.

Implement measures of treatment fidelity to ensure that the therapies were delivered consistently across participants. This could involve using independent raters to assess adherence to the therapeutic protocols.

Clarify the handling of any missing data and the approach to intention-to-treat analysis, if applicable. This is critical for the validity of the study results, especially in clinical trials.

Strengthen the ethical considerations section by detailing the steps taken to protect participants, especially given the vulnerability of the adolescent population with social anxiety disorder.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.