




Developing a Nonviolent Communication Training Program and Evaluating its Effectiveness on the Social Adaptation and Academic Self-Efficacy of Aggressive Male Students

Azaam. Sobhani Najafabadi¹, Mahbobeh Sadat. Fadavi^{2*}, Ali. Mahdad³

¹ PhD Student in Educational Psychology, Department of Educational Psychology, PsyIsfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

² Assistant Professor, Department of Educational Management, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan

³ Associate Professor, Department of Educational Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

* Corresponding author email address: mfadavi@khuisf.ac.ir

Editor

Maryam Fatehizade^{id}
Professor of Counseling
Department, Faculty of Educational
Sciences and Psychology, Isfahan
University, Iran
m.fatehizade@edu.ui.ac.ir

Reviewers

Reviewer 1: Shahrokh Makvand Hoseini ^{id}
Associate Professor, Department of Psychology, Semnan University, Iran.
Email: shmakvand@semnan.ac.ir

Reviewer 2: Davood Taghvaei ^{id}
Department of Psychology, Arak Branch, Islamic Azad University, Arak, Iran.
Email: d-taghvaeii@iau-arak.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

"This neglect leads to a lack of adaptation and conformity with the environment..." Please provide specific examples or references to support this claim about the consequences of neglect during childhood.

"According to common psychological views aggression is considered behavior intended to cause pain or injury..." Cite specific psychological theories or studies that define and explore aggression.

The description of the Academic Self-Efficacy Questionnaire is clear, but more context on the subscales (ability, effort, context) and their relevance to the study's objectives would be helpful.

The demographics section provides basic details but lacks depth. Consider including more demographic variables such as socioeconomic status, family background, and prior behavioral interventions.

The results section uses mixed analysis of variance but does not provide enough detail on the statistical assumptions checked. Include a brief explanation of the Shapiro-Wilk test, Levene's test, and Mauchly's test results.

The table of mean and standard deviations for social adaptation and academic self-efficacy is clear, but consider including confidence intervals to provide a more comprehensive understanding of the data variability.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The explanation of the sampling method is thorough, but please clarify why purposive sampling was chosen over random sampling. Discuss potential biases this might introduce and how they were mitigated.

You mentioned the reliability and validity of the Aggression Questionnaire but did not provide a detailed explanation of the specific items used. Include a sample of items or a brief explanation of the types of questions included in the questionnaire.

"Scoring assigns 0 for responses indicating adaptation and 1 for responses indicating maladaptation." Explain the rationale behind this scoring method and discuss its potential limitations.

"The results of the mixed analysis of variance show that the time factor had a significant impact..." Expand on this by discussing the implications of the effect size (η^2) values reported for both social adaptation and academic self-efficacy.

"There is a significant difference between the mean scores of the pre-test stage with the post-test and follow-up stages..." Explain the practical significance of these findings and how they translate to real-world applications.

"Nonviolent communication focuses on two issues: empathy - listening with a lot of emotion and expressing oneself honestly..." This section could benefit from more detailed discussion of how these two aspects specifically influence social adaptation and academic self-efficacy.

"Nonviolent communication model teaches aggressive male students to be sensitive to the individual and social needs of others..." Provide examples or case studies to illustrate how this model has been effectively applied in similar contexts.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.