

Development of a Healthy Body Image Package for Adolescents Aged 12 to 15 with Body Image Dissatisfaction: A Qualitative Thematic Analysis Approach




Shiva. Akhtarian¹, Mansoureh. Bahramipour Isfahani^{2*}, Gholamreza. Manshaee³

¹ PhD Student, Department of Clinical Psychology, Faculty of Education and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

² Assistant Professor, Department of Clinical Psychology, Faculty of Education and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

³ Associate Professor, Department of Clinical Psychology, Faculty of Education and Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

* Corresponding author email address: bahramipourisfahani@yahoo.com

Editor	Reviewers
Thseen Nazir  Professor of Psychology and Counseling Department, Ibn Haldun University, Istanbul, Turkey thseen.nazir@ihu.edu.tr	Reviewer 1: Karim Afshariniya  Assistant Professor, Department of Psychology, Kermanshah Branch, Islamic Azad University, Kermanshah, Iran Email: k.afsharineya@iauksh.ac.ir Reviewer 2: Keivan Kakabraee  Assistant Professor, Department of Psychology, Kermanshah Branch, Islamic Azad University, Kermanshah, Iran. Email: keivan@iauksh.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The introduction section would benefit from a more concise and clear articulation of the problem statement. The phrase "excessive attention to appearance sometimes creates numerous problems for the individual" should specify what types of problems are being referred to, supported by relevant citations.

Introduction, second paragraph: The literature review should include a broader range of sources, especially recent studies from the last five years. For instance, when discussing "adolescents naturally become particularly sensitive to their appearance," more current references beyond Sadock, Sadock, & Ruiz (2021) should be included.

Paragraph: Methods and Materials, first paragraph: Clarify the criteria for selecting the "6 expert psychotherapists with more than 10 years of experience." What specific expertise did they offer, and how does their background ensure the reliability of the thematic analysis?

Methods and Materials, third paragraph: The description of the thematic analysis process could be expanded. For example, describe in more detail how "the structure and content of this type of education were extracted from scientific texts."

Findings and Results, Table 1: The findings section should include a narrative explanation of Table 1. Discuss the implications of the "agreement coefficient (internal agreement)" and how this affects the validity of the educational package.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Introduction, final paragraph: The research questions listed could be more explicitly linked to the theoretical framework. Clearly state how each question will address the gaps identified in the literature.

Methods and Materials, first paragraph: Provide more detail on the rationale behind the selection of the "30 scientific texts." Explain why these texts were chosen and how they specifically relate to the study's objectives.

Findings and Results, Table 2: Provide more context around the "Final Comprehensive Theme" and "Intermediary Organizing Theme." Explain how these themes were identified and their relevance to the study's objectives.

Discussion, first paragraph: Integrate the findings more thoroughly with existing theories. For example, explain how the identified "four main concepts" align with or challenge existing body image theories.

Limitations & Suggestions, first paragraph: The limitations section should be more comprehensive. Address potential biases in the sample selection and any limitations related to the generalizability of the findings.

Adhere strictly to the journal's citation style guidelines. Some references appear incomplete or inconsistent (e.g., missing page numbers or DOIs).

Conclusion, final paragraph: End with a strong call to action. Encourage practitioners to adopt the educational package and suggest specific steps for implementation based on the study's results.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.