

The Effectiveness of Cognitive Behavioral Therapy on Metacognitive Beliefs and Social Competence of Sexually Abused Girls

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1. Round 1

1.1. Reviewer 1

Reviewer:

Abstract:

"The abstract should mention the duration of the follow-up period to give a complete overview of the study's timeline."

Introduction, Paragraph 1:

"Please provide a more recent citation than Beyers & Seiffge-Krenke (2010) to support the claim about the extended period of young adulthood."

Introduction, Paragraph 2:

"The statement 'Love can be easily experienced akin to enjoying a favorite meal or watching an interesting film' needs a citation or empirical support. Consider revising for scientific rigor."

Methods, Cognitive Behavioral Therapy Sessions:

"In Session 1: Introduction to CBT, please clarify what specific expectations and goals are communicated to the participants."

Methods, Cognitive Behavioral Therapy Sessions:

"For Session 5: Psychological Relaxation Techniques, specify which relaxation techniques are taught and provide references to their efficacy."

Findings, Table 1:

"Include a column for the follow-up period in the descriptive statistics table to clearly show the long-term effects."

Findings, Statistical Analysis:

"The section on the normality assumption should report the exact p-values from the Shapiro-Wilk test for transparency."

Findings, Table 2:

"Clearly explain why the follow-up results are not significant, and discuss potential reasons or implications."

Limitations & Suggestions, Paragraph 1:

"The limitation regarding the reliance on self-reported measures should discuss specific types of response biases that might have affected the results."

Limitations & Suggestions, Paragraph 2:

"When suggesting future research directions, explicitly mention the need for randomized controlled trials (RCTs) to validate the findings."

Limitations & Suggestions, Paragraph 3:

"Expand on the potential moderating variables such as social support and personality traits, providing examples of how they might influence the effectiveness of CBT."

Conclusion, Paragraph 1:

"Reiterate the specific statistical findings in the conclusion to emphasize the robustness of the results."

References:

"Ensure all references are in the correct format and update any that have newer editions or versions, especially those with online DOIs."

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Introduction, Paragraph 4:

"The description of the stages of love trauma should include references to specific studies or clinical guidelines to enhance credibility."

Introduction, Paragraph 5:

"The claim that women feel a greater need for love and belonging due to their maternal role needs a stronger theoretical or empirical basis. Please elaborate or provide references."

Methods, Study Design and Participants:

"Clarify the inclusion criteria, specifically how 'no participation in other therapeutic interventions' and 'no psychiatrist visits in the past month' were verified."

Methods, Measures:

"The reliability and validity measures for the Beck Depression Inventory-II (BDI-II) and Beck Anxiety Inventory should be updated with more recent studies, if available."

Discussion, Paragraph 1:

"The statement 'These results align with the findings of Naseri Manesh et al. (2023); Rajabi et al. (2018)...' should include a brief explanation of how the current study's findings are consistent with each cited study."

Discussion, Paragraph 2:

"Provide a clearer link between the symptoms of Love Trauma Syndrome and the therapeutic approach of CBT. How exactly does CBT address each symptom?"

Discussion, Paragraph 3:

"The discussion should include a more detailed analysis of the effect sizes reported. Explain the practical significance of these effect sizes in the context of the study."

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.