

# Resilience Model Based on Self-Esteem, Emotional Regulation, and Attachment to God: The Mediating Role of Emotion-Focused Coping Strategy

Masoumeh. Abdollahi<sup>1</sup>, Amanallah. Soltani<sup>2\*</sup>, Alireza. Manzari Tavakoli<sup>3</sup>, Mitra. Kamyabi<sup>4</sup>

<sup>1</sup> PhD Student, Department of Psychology, Kerman Branch, Islamic Azad University, Kerman, Iran

<sup>2</sup> Assistant Professor, Department of Psychology, Kerman Branch, Islamic Azad University, Kerman, Iran

<sup>3</sup> Associate Professor, Department of Educational Management, Kerman Branch, Islamic Azad University, Kerman, Iran



<sup>4</sup> Assistant Professor, Department of Educational Sciences and Psychology, Kerman Branch, Islamic Azad University, Kerman, Iran

\* Corresponding author email address: Amanallahsoltani@iauk.ac.ir

## Editor

John S. Carlson  
Distinguished Professor of the  
Department of Educational  
Psychology, Michigan State  
University, East Lansing, MI,  
United  
carlsoj@msu.edu

## Reviewers

**Reviewer 1:** Mohammad Hassan Ghanifar  
Assistant Professor, Department of Psychology, Birjand Branch, Islamic Azad  
University, Birjand, Iran. Email: ghanifar@iaubir.ac.ir  
**Reviewer 2:** Keivan Kakabraee  
Assistant Professor, Department of Psychology, Kermanshah Branch, Islamic Azad  
University, Kermanshah, Iran. Email: keivan@iauksh.ac.ir

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The statement “Resilience is a relatively new field in empirical research” seems overly broad. Can you clarify how "new" this field is? Provide more specific references and context (e.g., how resilience research has evolved in the last decade).

In the introduction, after stating that “Numerous studies have been conducted in the field of resilience,” the article does not sufficiently justify how this study fills a gap in the existing literature. Consider elaborating on what specifically is novel in your approach.

When discussing “self-esteem” and “emotional regulation,” you refer to widely known concepts without providing precise operational definitions. Ensure that each key term is defined in the context of your study, as these terms can be interpreted differently.

In the Methods section, it is mentioned that 400 questionnaires were evaluable. However, there is no description of how the invalid responses were excluded. Provide a detailed explanation of the criteria for deeming a response invalid.

You mention that attachment to God has a negative indirect relationship with resilience through emotion-focused coping. This is counterintuitive and merits a deeper explanation. Why do you think this happens, and how might this affect the theoretical framework of your model?

Authors uploaded the revised manuscript.

### 1.2. Reviewer 2

Reviewer:

The sentence, “The aim of this study is to present a resilience model based on individual factors and the mediating role of emotion-focused coping strategy,” needs to clearly outline why these specific individual factors were chosen. What makes them particularly relevant for this population?.

The sample size (400) seems substantial, but there is no demographic breakdown of gender, age, or educational level beyond “undergraduate, master’s, and doctoral levels.” How might these demographics affect the interpretation of your findings? More transparency is needed here.

The justification for using SPSS and PLS for data analysis is not sufficiently explained. Why were these tools chosen over others, and how do they specifically fit the data structure and model testing in your study?.

The sentence “The GOF criterion value was 0.513” is unclear without further elaboration. What is the threshold for a good fit in this context? Clarify the statistical standards used and provide a more in-depth explanation of this value.

In the Results section, several path coefficients are presented without sufficient interpretation. For example, the path coefficient from emotional regulation to resilience is 0.120. What does this imply for practical applications or interventions? Expand on the practical implications of these coefficients.

Authors uploaded the revised manuscript.

## 2. Revised

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.