




Navigating the Virtual Classroom: The Mediating Role of Psychological Distress in the Association between Psychological Flexibility and Academic Burnout in Adolescent Students

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E d i t o r	R e v i e w e r s
Muhammad Rizwan  Associate Professor, Department of Psychology, Haripur University, Islamabad, Pakistan muhammad.rizwan@uoh.edu.pk	Reviewer 1: Sara Nejatifar  Department of Psychology and Education of People with Special Needs, Faculty of Educational Sciences and Psychology, University of Isfahan, Isfahan, Iran. Email: s.nejatifar@edu.ui.ac.ir Reviewer 2: Kamdin. Parsakia  Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: kamdinarsakia@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

The citation of "R.Radha, 2020" seems outdated in its conceptual framing. Consider incorporating a more recent source or expanding on how the shift to virtual education has distinct long-term psychological implications for adolescents.

The definition of academic burnout cites emotional fatigue, pessimism, and ineffectiveness. Consider aligning terminology more precisely with the MBI-SS constructs (e.g., "emotional exhaustion" instead of "emotional fatigue") for consistency with your measures.

The sentence "Lee and Ashforth have addressed two important reasons..." could benefit from a clearer explanation of how your model builds upon or diverges from their integrated model.

The phrase "psychological flexibility is important for both girls and boys" seems simplistic. Consider elaborating on how gender may moderate the relationship between flexibility and distress or burnout, supported by literature.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The phrase "provide resources for students that put them under pressure and endanger their health" is ambiguous. Consider rephrasing for clarity—do you mean "demands placed on students" or "structural limitations"?

The sentence "People's voluntary response styles..." would be strengthened by linking it more explicitly to the concept of psychological flexibility, which is currently introduced somewhat abruptly in the following sentence.

Figure 1 is referenced but not included in the document. Either provide the figure or note that it is available upon request. Moreover, the text should describe the model paths more narratively (e.g., "Flexibility reduced burnout directly and indirectly through distress").

The statement "All factor loadings are also significant ($p < 0.01$)" is insufficiently detailed. You should discuss which variables had the strongest loadings and interpret those in context.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.