

Comparison of the Effectiveness of Compassion-Focused Therapy and Cognitive-Behavioral Therapy on Experiential Avoidance and Post-Traumatic Growth in Sexually Abused Girls

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1. Round 1

1.1. Reviewer 1

Reviewer:

The abstract should clearly state the primary outcomes and statistical significance of the study results. Currently, it lacks specific details on the statistical tests used (e.g., "The results showed that Compassion-Focused Therapy was more effective..."). Please specify the statistical measures (e.g., F-values, p-values) for clarity.

Provide more details on the reliability and validity of the research instruments, specifically the Persian translations of the questionnaires. This would strengthen the methodological rigor (Measures section).

The assumptions for the use of covariance analysis should be stated more explicitly. For example, explain how the assumptions of normality and homogeneity of variances were tested and met (Data Analysis section).

The results section would benefit from a more detailed interpretation of the data presented in Table 1. Specifically, explain the clinical significance of the mean differences observed between the pre-test and post-test scores (Findings and Results section).

Explore the potential mechanisms by which CFT and CBT influence experiential avoidance and post-traumatic growth. This could include theoretical explanations or findings from previous research (Discussion section).

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The introduction section should include a more comprehensive review of recent literature on the effectiveness of CFT and CBT. For instance, include more recent studies beyond 2022 to provide a current context for your research (paragraph 1).

The problem statement could be more explicit. The sentence "Given the increasing incidence of sexual abuse and the negative impacts..." (paragraph 5) should clearly outline the specific gaps in the current literature that this study aims to address.

The description of the sampling method should include details on how purposive sampling was implemented. For example, explain the criteria used to select the 45 participants from the screened group (Methods and Materials section).

Clearly differentiate between the results of the ANCOVA and the Bonferroni post hoc tests. This will help readers understand which specific comparisons were made (Tables 2 and 3).

The discussion should delve deeper into the implications of the findings. For instance, the statement "This finding is consistent with the results of prior studies..." (Discussion section) should be followed by a critical analysis of how your results align or diverge from those studies.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.