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The Causal Model of Cognitive Emotion Regulation: Maladaptive Early Schemas and Parenting Styles

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1. Round 1

1.1. Reviewer 1

Reviewer:

The statement "Research has shown that emotion regulation has a positive effect on mental health and all aspects of an individual's life" would be stronger with specific examples or citations to support this claim.

The sample size and demographics are clearly stated. However, the process of obtaining consent from the participants and their guardians should be detailed to ensure ethical considerations are addressed.

The description of Young's Schema Questionnaire-Short Form (YSQ-SF) is thorough. However, providing information on why this specific measure was chosen over other possible tools would strengthen the justification for its use.

Clarify whether the Persian version of the Cognitive Emotion Regulation Questionnaire has been validated in previous studies and provide references for its psychometric properties in the context of the Iranian population.

The statement "The results indicate a positive and significant relationship between the structure style and dimensions of cognitive emotion regulation such as acceptance (r = 0.110, p = 0.03)" would be clearer if the interpretation of these correlations and their practical significance were discussed in more detail.

The finding that "the chaos dimension and the strategies of self-blame (r = 0.214, p = 0.000)" are positively related should be explored further. Discuss potential mechanisms or theories that could explain this relationship.

The regression weights are well-documented, but the significance levels (p-values) could be highlighted to emphasize the robustness of these findings. Additionally, discuss any non-significant findings and their implications.

The discussion would benefit from a clearer summary of the key findings and their relevance to existing literature. It would help to explicitly state how this study contributes to the current understanding of cognitive emotion regulation in adolescents.

The statement "Mothers' early maladaptive schemas positively influence cognitive emotion regulation" needs further clarification. Discuss whether this influence is uniformly positive across all dimensions or if there are variations.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The introduction provides a broad overview of emotion regulation. It would benefit from a more specific definition of cognitive emotion regulation and its importance in the context of adolescents. Including a clear research question or hypothesis would also enhance the focus of the introduction.

The table is informative but lacks information on the range of scores for each dimension. Including this information would provide a clearer understanding of the variability within the data.

The correlation matrix is presented well. It would be beneficial to discuss any particularly high or low correlations and their potential implications for the study's hypotheses.

The potential indirect effects of early maladaptive schemas through parenting styles are mentioned. It would be useful to elaborate on the practical implications of these findings for interventions or parental training programs.

The conclusion effectively summarizes the study's findings. However, it should also address the limitations of the study more explicitly and suggest specific areas for future research.

While the recommendations for parents and educators are practical, providing more detail on how these recommendations could be implemented in real-world settings would enhance their utility.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

