




Effectiveness of Emotion-Focused Therapy on Love Trauma Syndrome and Symptoms of Depression and Anxiety in Young Women with Experiences of Emotional Breakup


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1. Round 1

1.1. Reviewer 1

Reviewer:

In the introduction, the term "love trauma syndrome" should be more clearly defined with specific diagnostic criteria or symptoms to ensure that readers unfamiliar with the term can understand its implications.

The introduction would benefit from a more comprehensive review of existing literature. For example, the statement "Love trauma is a state of hopelessness and terrible humiliation after being separated from someone they loved" could be supported by citing additional recent studies to strengthen the background section.

While the article mentions the reliability and validity of the Love Trauma Inventory, Beck Anxiety Inventory, and Beck Depression Inventory, it would be helpful to include information on the psychometric properties specifically for the study sample. Were these measures validated in the context of Iranian populations?.

The description of the EFT sessions is thorough, but it could be enhanced by including examples or case studies to illustrate how these sessions were conducted. For instance, detail a typical intervention session to provide more practical insight.

The use of repeated measures ANOVA is appropriate, but the article should justify why this statistical method was chosen over others. Include a rationale for selecting repeated measures ANOVA and discuss its advantages in the context of this study.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The sampling technique described as "convenience sampling" could introduce bias. Explain why this method was chosen over random sampling and discuss potential limitations. For instance, clarify how convenience sampling might affect the generalizability of the results.

The inclusion criteria should be more detailed. Specifically, the criteria "scoring above 20 on the Love Trauma Inventory" should include a rationale for choosing this cutoff score. Explain why this threshold was considered indicative of significant love trauma syndrome.

In Table 1, ensure the presentation of data is consistent and clear. The mean and standard deviation should be separated for readability, e.g., "33.15 (\pm 8.10)" instead of "33.15 (8.10)". This format is more standard and easier to interpret.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.