

Article history: Received 12 May 2024 Revised 14 July 2024 Accepted 20 July 2024 Published online 10 August 2024

# Journal of Adolescent and Youth Psychological Studies

Open peer-review report



# Development of a Psycho-Emotional Empowerment Training Package Based on the Lived Experiences of Single-Parent Adolescent Boys and Its Effectiveness on Parent-Child Interaction

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## 1. Round 1

## 1.1. Reviewer 1

Reviewer:

"This researcher-developed tool included open-ended and closed-ended questions."

Comment: Provide examples of the open-ended and closed-ended questions used in the semi-structured interview. This will help readers understand the type of data collected and how it relates to the study's objectives.

"Data analysis followed Colaizzi's seven-step method."

Comment: Provide a brief description of Colaizzi's seven-step method and justify its suitability for this study. This will enhance the reader's understanding of the data analysis process and its reliability.

"Results from the thematic analysis in the qualitative section revealed 390 initial statements and 16 organizing themes."

Comment: Include a table or figure that lists the 16 organizing themes along with representative quotes from the participants. This will provide a more comprehensive view of the qualitative findings.

"The results of the mixed ANOVA showed that the factor of time had a significant effect on the mean scores of parent-child interaction among single-parent adolescent boys."

Comment: Add a more detailed explanation of the mixed ANOVA results, including the statistical values (F, p, eta squared) for each comparison. This will help readers better understand the statistical significance and practical implications of the findings.

"The psycho-emotional empowerment training package improved the parent-child interaction of single-parent adolescent boys."

Comment: Discuss potential mechanisms underlying the improvement in parent-child interaction. Consider including theories or models of psychological empowerment that support your findings.

"The effectiveness of the psycho-emotional empowerment training package on parent-child interaction in single-parent adolescent boys can be explained by the fact that psychological empowerment fosters a sense of competence."

Comment: Discuss other possible factors that might have contributed to the improvement in parent-child interaction, such as changes in parental behavior or external support systems. This will provide a more balanced view of the results.

Authors uploaded the revised manuscript.

#### 1.2. Reviewer 2

Reviewer:

"The occurrence of divorce not only inflicts psychological harm on the couple but also jeopardizes the psychological wellbeing of their children."

Comment: Include more recent studies and statistics to support the claim regarding the psychological impact of divorce on children. Additionally, provide a clearer connection between this issue and the need for the psycho-emotional empowerment training package.

"The statistical population included single-parent adolescent boys studying in the first secondary school level in Abadeh city during the 2023-2022 academic year."

Comment: Clarify the criteria used for selecting the statistical population. Explain why only boys in the first secondary school level were included and how this may affect the generalizability of the findings.

"Session 2: Understanding Competence."

Comment: For each session, include a brief overview of the activities and materials used. This will give a clearer picture of what the training entailed and how it aimed to achieve the desired outcomes.

"Since this package was developed for the first time for single-parent adolescent boys there was no direct comparison but the results align with previous studies related to psychological empowerment."

Comment: Acknowledge the limitations related to the lack of direct comparison with other studies. Suggest directions for future research to validate and extend your findings.

Authors uploaded the revised manuscript.

#### 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

