

The Effectiveness of Lazarus Multimodal Psychotherapy on Experiential Avoidance and Rumination in Adolescent Girls with Gastrointestinal Disorders in Isfahan

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1. Round 1

1.1. Reviewer 1

Reviewer:

The sentence "Adolescence is considered a crucial stage of life..." includes multiple citations (Silvers, Coleman, Sisk & Gee), but lacks differentiation of each source's unique contribution. Clarify which author supports which developmental characteristic.

The paragraph lists several therapeutic modalities but does not clearly state how Lazarus's therapy fills a specific gap. Consider ending the paragraph with a sentence such as: "However, few studies have examined an integrative approach like Lazarus's model in this population."

The description of the Experiential Avoidance Questionnaire includes six subscales but lacks justification for why this tool was preferred over shorter, validated alternatives (e.g., BEAQ). Please explain.

For both instruments, the manuscript mentions psychometric reliability, but it does not reference Iranian population-specific validations. Please add relevant citations or clarify.

The intervention protocol is heavily based on Hojatkah et al. (2021). Please indicate whether any adaptations were made to tailor the protocol to adolescent girls with GI disorders.

In the paragraph beginning "From a behavioral perspective...", the manuscript provides theoretical mechanisms without linking them to study data. Consider adding brief references or participant examples supporting these claims.

Authors uploaded the revised manuscript.

1.2. *Reviewer 2*

Reviewer:

In "These individuals tend to use more maladaptive emotion regulation strategies...", the causal tone should be softened unless supported by longitudinal data. Suggest: "Studies suggest an association between GI disorders and maladaptive emotion regulation..."

The phrase "behavioral, emotional, and cognitive avoidance" could benefit from brief definitions or examples to enhance understanding of the multidimensionality of experiential avoidance.

It is referred to as "Rumination Questionnaire", but this name is typically associated with the RRS or RRQ. Please clarify and correct the scale title if necessary.

Partial eta squared values are reported (e.g., 0.793, 0.548), but the manuscript lacks interpretation. Please categorize the effect sizes as small, medium, or large using standard benchmarks (Cohen's guidelines).

The sentence "Experiential avoidance refers to an individual's deliberate avoidance of painful internal experiences..." is nearly identical to the earlier introduction. Consider summarizing and avoiding repetition.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.