

The Effectiveness of Acceptance and Commitment Therapy on Obsessive Beliefs in University Students

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E d i t o r

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R e v i e w e r s

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1. Round 1

1.1. Reviewer 1

Reviewer:

While prevalence rates are provided, citing regional epidemiological data for Iranian or Middle Eastern university populations would strengthen the contextual relevance.

Expand on the cultural or contextual barriers to ERP use among Iranian students, as this may be a rationale for choosing ACT in this study.

Consider briefly defining each of the six processes in one concise sentence each for readers less familiar with ACT, as this would enhance clarity.

This is an interpretation; please clarify whether this conclusion is supported by qualitative feedback or only inferred from maintained scores.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

Provide a clearly stated hypothesis here, rather than an aim alone, so the reader knows the expected direction of effects. While high alpha indicates internal consistency, discuss whether this level suggests redundancy among items, which could impact scale validity. Add confidence intervals alongside means and standard deviations to provide a clearer picture of variability and precision. Consider discussing why the responsibility and thought control components showed smaller mean differences compared to other subscales.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.