




## Exploring the Components of Psychological Inflexibility in Youth with Perfectionist Traits




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E d i t o r	R e v i e w e r s
Ahmad Amani  Associate Professor, Counseling Department, University of Kurdistan, Sanandaj, Iran a.amani@uok.ac.ir	<b>Reviewer 1:</b> Fahime Bahonar  Department of counseling, Universty of Isfahan, Isfahan, Iran. Email: Fahime.bahonar@edu.ui.ac.ir <b>Reviewer 2:</b> Faranak Saboonchi  Assistant Professor, Department of Psychology, Payam Noor University, Tehran, Iran. Email: faranaksaboonchi@pnu.ac.ir

### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

While the opening provides a solid background, the argument would be strengthened by adding prevalence statistics on perfectionism in youth populations (e.g., global or Mexican context). This would situate the research problem in a clearer epidemiological framework.

The authors cite international evidence (Russian, European contexts). Please clarify why the Mexican youth sample was chosen, and whether cultural dimensions of perfectionism may differ. This strengthens justification for the sample.

The authors skillfully connect to prior studies. However, ensure that the discussion also highlights novel contributions beyond confirming existing knowledge.

This section cites Russian studies but does not elaborate on how cultural context might shape perfectionism in Mexico. Consider explicitly comparing or contrasting.

The limitations are appropriate, but one is missing: potential translation or cultural issues if interviews were conducted in Spanish but analyzed/published in English. This should be acknowledged.

Authors uploaded the revised manuscript.

## 1.2. Reviewer 2

Reviewer:

This paragraph reviews literature well but could end with a sharper statement of the research gap. For example: “Despite extensive quantitative evidence, few studies have explored how young perfectionists themselves articulate psychological inflexibility.”

The table is very rich but somewhat dense. Consider reorganizing into a clearer format (perhaps hierarchical structure with themes, subthemes, and exemplar quotes). Current layout risks overwhelming the reader.

The quotes are strong. However, the balance between narrative explanation and quotations should be reviewed; some sections contain long blocks of description without direct participant voices.

Expand on how gender differences may have shaped emotional avoidance. Did female versus male participants describe suppression differently?

Please connect this to existing literature on procrastination and ritualized coping in perfectionism. While links are drawn to organizational contexts, more direct youth-focused comparisons are needed.

Authors uploaded the revised manuscript.

## 2. Revised

Editor’s decision after revisions: Accepted.

Editor in Chief’s decision: Accepted.