Journal Website

Article history:
Received 26 July 2026
Revised 01 November 2026
Accepted 08 November 2026
Initial Publication 08 November 2026
Final Publication 10 May 2027

Journal of Adolescent and Youth Psychological Studies

Open peer-review report

E-ISSN: 2981-2526

Identifying the Components Influencing the Holistic Health of Adolescents with Emphasis on the Role of the Family

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1. Round 1

1.1. Reviewer 1

Reviewer:

The statement that “Sampling and data collection proceeded concurrently, and recruitment continued until the collected information demonstrated sufficient conceptual richness and no substantially new categories or dimensions emerged” needs a more rigorous explanation of saturation. The manuscript should indicate how saturation was assessed, after which interview no new major categories emerged, whether additional interviews were conducted to confirm saturation, and what operational criterion was used to determine that further data collection was unnecessary. Because saturation is frequently invoked without sufficient evidence in qualitative studies, the authors should distinguish between code saturation and meaning saturation and explain which form was achieved.

The Data Collection Tools section states that “Data were collected through semi-structured, in-depth interviews,” but essential procedural details are missing. The authors should report the approximate duration and range of the interviews, whether interviews were conducted face-to-face or remotely, where they took place, who conducted them, whether repeat interviews occurred, and whether field notes were systematically incorporated into the analysis. The manuscript should also

indicate whether the interview guide was piloted or reviewed by qualitative-methodology experts before data collection and, if modifications were made after early interviews, how those changes affected subsequent data collection.

The sentence "Coding was performed inductively" requires clarification regarding the number and role of coders. It is currently unclear whether one researcher coded all transcripts or whether multiple researchers participated. If more than one coder was involved, the authors should describe how coding disagreements were resolved and whether intercoder agreement was formally or informally assessed. If a single researcher performed the coding, the manuscript should explain what procedures were used to reduce interpretive bias, such as supervisory review, codebook auditing, peer examination, or independent examination of selected transcripts. This information is essential for evaluating analytic dependability.

Authors uploaded the revised manuscript.

1.2. Reviewer 2

Reviewer:

The paragraph describing the interview guide lists several domains, including "family behaviors and conditions that strengthen adolescents' physical, psychological, emotional, social, and developmental well-being." This breadth raises concern that the interview guide may have predetermined the categories eventually reported in the findings. The authors should provide several actual core interview questions and clarify whether categories such as family functioning, psychological capacity, lifestyle, and school support emerged inductively or were partially embedded in the interview framework. This issue is particularly important because the study claims inductive conventional content analysis; overly directive questions could introduce deductive structuring and reduce confidence that the reported themes genuinely emerged from participants' accounts.

The manuscript states that "With participants' permission, the interviews were audio-recorded," but there is no formal ethics statement. The revised article should report the name of the approving ethics committee or institutional review board, the ethics approval number and date if applicable, the procedure for obtaining informed consent, and the measures used to protect confidentiality and secure audio recordings and transcripts. The authors should also explain how potentially identifying information was removed from transcripts. Ethical reporting is especially important because the subject matter concerns children and adolescents even though the interviewees were adults with relevant professional experience.

The trustworthiness paragraph states that "Credibility was supported through prolonged engagement with the data, repeated review of interview transcripts, and continuous comparison of participants' statements." These measures require further specification. "Prolonged engagement" traditionally refers to sustained engagement with participants or the research setting and should not be used merely to describe repeated reading of transcripts. The authors should explicitly report which recognized trustworthiness strategies were employed, such as member checking, peer debriefing, external auditing, triangulation, negative-case analysis, reflexive journaling, or independent coding. Each strategy should be described as an actual procedure rather than simply named as a quality criterion.

The Data Analysis section states that "The qualitative data obtained from the interviews were analyzed using conventional qualitative content analysis," but the analytic framework is not sufficiently anchored to a recognized methodological source. The authors should specify the methodological model followed for content analysis and describe each analytical step in a reproducible sequence, including identification of meaning units, condensation, coding, comparison, formation of subcategories, abstraction into higher-order categories, and final validation of category boundaries. The manuscript should additionally report whether qualitative analysis software was used; if analysis was performed manually, this should also be stated.

Authors uploaded the revised manuscript.

2. Revised

Editor's decision after revisions: Accepted.

JAYPS Adolescent and Youth Psychological Studies
E-ISSN: 2981-2526

Editor in Chief's decision: Accepted.

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E-ISSN: 2981-2526