

## Critique of attachment theory: A positive psychology perspective


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### R e v i e w e r s

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The paper is well-structured, with a clear introduction, literature review, critique from a positive psychology perspective, and conclusion. However, the transition between sections could be smoother to enhance readability.

Some terms and concepts are introduced without sufficient background, which might confuse readers unfamiliar with positive psychology or attachment theory. A brief introduction or definition of key terms could improve clarity.

The critique effectively highlights the limitations of attachment theory, including cultural biases and the deterministic view of human development. These points are well-supported by references.

The argument for integrating positive psychology with attachment theory to address these limitations is compelling. However, specific examples or case studies demonstrating the benefits of this integration would provide stronger evidence for the paper's claims.

More discussion on how this perspective can influence practical applications in psychological practice or therapy would highlight the paper's contribution to the field.

The writing is generally clear, but some sentences are overly complex, making them difficult to understand. Simplifying these sentences could improve the paper's accessibility.

Response: Revised the manuscript and uploaded the document.

### 1.2. *Reviewer 2*

Reviewer:

The critique would benefit from a more extensive review of recent studies that have applied positive psychology principles to attachment theory. This would strengthen the argument for a holistic approach.

While the paper critiques the methodological challenges of attachment theory, it does not propose specific methodological improvements. Suggesting alternative research methods or approaches could enhance the critique.

The paper contributes an important perspective by critiquing attachment theory through the lens of positive psychology. This approach is relatively novel and can stimulate further research in both fields.

The review of attachment theory and its foundational concepts is comprehensive, covering the work of Bowlby and Ainsworth effectively. The inclusion of adult attachment theory provides a good context for understanding the theory's expansion.

Response: revised the manuscript and uploaded the document.

## 2. **Revised**

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.