



Predictors of Self-Care Behavior: The Roles of Type D Personality and Locus of Control in Adults

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1. Round 1

1.1. Reviewer 1

Reviewer:

Clarify the connection between personality traits and self-care behaviors.

Include studies on interventions targeting personality traits for better self-care.

Discuss how a longitudinal study could contribute to understanding the dynamics of personality traits and self-care behaviors.

Provide concrete recommendations for applying the findings in healthcare practices.

Enhance accessibility through careful use of technical terminology.

Response: Revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The paper is well-structured, providing a clear exposition of the research question, methodology, results, and implications. However, it could further clarify the theoretical framework linking personality traits to self-care behaviors.

The cross-sectional design is suitable for identifying correlations but limits the ability to infer causality. Discussing potential longitudinal approaches could offer insights into how these traits influence self-care behaviors over time.

The statistical analysis robustly supports the paper's conclusions. However, exploring additional statistical methods, such as mediation or moderation analysis, could provide a deeper understanding of the relationships.

The conclusions are well-drawn, emphasizing the importance of psychological factors in self-care behaviors. The paper would benefit from a more detailed discussion on how these insights could be translated into practical interventions.

Response: revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.