




The Experience of Psychosomatic Disorders Among Adolescents: Challenges and Coping Strategies

Solmaz. Bulut^{1*}, Baidi. Bukhori², Rizwan Hassan. Bhat³


¹ MS, LPC, BHWC, Department of Counseling and Recovery Services of Oklahoma, Tulsa, OK, USA

² Dean of the Faculty of Psychology and Health, Universitas Islam Negeri Walisongo Semarang, Indonesia



³ Lecturer, All India Institute of Physical Medicine and Rehabilitation, Mumbai, India

* Corresponding author email address: sbulut@crsok.org

Editor

Azizuddin Khan
Professor, Psychophysiology
Laboratory, Department of
Humanities and Social Sciences
Indian Institute of Technology
Bombay, Maharashtra, India
aziz@hss.iitb.ac.in

Reviewers

Reviewer 1: Asoke Kumar Saha
Professor Department of Psychology, Jagannath University, Dhaka, Bangladesh.
Email: drasoke@psychology.jnu.ac.bd
Reviewer 2: Abolfazl Karami
Department of Psychology and Counseling, KMAN Research Institute, Richmond
Hill, Ontario, Canada | Associate Professor Emeritus, Department of Psychology,
Allameh Tabatabai University, Tehran, Iran. abolfazlkarami@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

While the methodological framework is adequately outlined, providing additional details regarding the interview guide (e.g., sample questions) and the specific steps taken during thematic analysis would improve transparency and reproducibility.

The results section would benefit significantly from the inclusion of more direct quotes from participants. This would not only add depth to the thematic findings but also allow readers to engage more directly with the adolescents' experiences.

The discussion section briefly mentions limitations related to sample diversity and self-reported data. Expanding this discussion to include potential biases in data interpretation and the challenges of generalizing findings from a qualitative study would provide a more comprehensive view of the study's constraints.

While the conclusion touches on the importance of supportive interventions, further elaboration on specific, actionable recommendations for practitioners, educators, and policymakers would enhance the manuscript's practical utility.

Some references seem to precede the study's context, particularly those related to the COVID-19 pandemic. Ensuring that all references are up-to-date and relevant to the study's focus areas will strengthen the manuscript's grounding in current research.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The introduction would benefit from a more detailed theoretical framework that situates the study within existing psychosomatic and adolescent mental health research. Specifically, a critical analysis of how this study's findings extend or challenge current theories would provide a stronger foundation.

The methods section needs a more thorough explanation of the participant selection process, data collection methods, and analytical procedures. Details on how participants' confidentiality and anonymity were preserved during and after the study would also reinforce the ethical considerations of the research.

While thematic analysis is suitable for this study, a deeper dive into how themes were derived, including a discussion on inter-coder reliability, would enhance the credibility of the findings. The inclusion of negative cases or contrasting experiences among participants could also provide a more balanced view of the data.

The discussion would benefit from a more extensive exploration of how socio-cultural factors influence the experiences of adolescents with psychosomatic disorders. This could include considerations of gender, socioeconomic status, and cultural stigma associated with mental health.

The manuscript requires careful proofreading to correct several typographical and grammatical errors. Additionally, ensuring consistency in terminology and definitions throughout the document will improve readability and clarity.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.