


Exploring the Psychosomatic Effects of Perfectionism in Patients with Chronic Tension-Type Headaches: A Qualitative Study

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1. Round 1

1.1. Reviewer 1

Reviewer:

The sentence "CTTH affects a significant portion of the population with varying prevalence rates reported in different studies" would benefit from including specific prevalence data to underscore the importance of the study.

The statement "Data were collected through semi-structured interviews conducted by a trained qualitative researcher" would be strengthened by describing the training and expertise of the researcher to add credibility.

"Interviews were audio-recorded with participant consent and transcribed verbatim for analysis." Consider adding details on how transcription accuracy was verified to ensure data integrity.

"The condition also affected interpersonal relationships..." would be strengthened by exploring how different types of relationships (family, friends, colleagues) were specifically impacted.

The sentence "The findings highlighted four main themes..." would be more informative if the themes are briefly summarized here, giving readers a quick overview.

"The relationship between perfectionism and chronic pain is well-documented..." It would be helpful to cite additional recent studies to support this claim and demonstrate the study's contribution to current knowledge.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The reference to Holroyd (2002) should be expanded to briefly discuss specific psychological factors identified, such as anxiety or stress, to provide a clearer context for readers.

"We employed a phenomenological approach to gain an in-depth understanding..." should include a brief justification for choosing this qualitative method over others, enhancing the methodological rigor of the study.

Specify how many researchers were involved in the initial coding and whether intercoder reliability was assessed. This detail would enhance the reliability of the findings.

The emotional responses such as "anxiety, guilt, frustration" are mentioned. It would be beneficial to include specific examples or quotes from participants to illustrate these emotions vividly.

"The emotional and psychological effects of CTTH included stress, depression, and irritability." This statement would be more impactful if followed by a specific participant quote demonstrating these effects.

"Participants utilized various stress management techniques..." Consider categorizing these techniques (e.g., cognitive, behavioral) and providing more detailed examples to enhance clarity.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.