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Communication Within Families: Understanding Patterns and Impacts on Mental Health

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1. Round 1

1.1. Reviewer 1

Reviewer:

The objective is clearly stated and timely. However, the scope could be expanded to include more diverse family structures and non-traditional family units to reflect a broader range of experiences and cultural backgrounds.

The methodology is adequately described, but the article would benefit from a more detailed explanation of the selection process for studies, including any potential biases in study selection and how they were mitigated.

While the manuscript acknowledges the importance of cultural and contextual factors, specific examples or case studies from various cultural backgrounds would enrich the discussion and provide practical insights for readers.

The discussion thoughtfully considers the implications of family communication on mental health. To further this section, it would be beneficial to offer concrete strategies or interventions for improving communication within families, tailored to different cultural contexts.

Response: Revised and uploaded the new document.

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1.2. Reviewer 2

Reviewer:

The findings section effectively summarizes key communication patterns and their mental health implications. It could be enhanced by incorporating statistical analyses or meta-analytic findings to provide a quantitative assessment of the relationships discussed.

The manuscript does a commendable job of integrating theoretical frameworks such as the Family Communication Patterns Theory. Future revisions could benefit from a deeper exploration of emerging theories or models that have been underrepresented in the literature.

The limitations section is missing. Acknowledging the limitations of the current literature and this review's methodology would enhance the manuscript's credibility and provide a clearer direction for future research.

The manuscript provides general suggestions for future research. More specific recommendations, such as exploring the impact of digital communication technologies on family dynamics and mental health, would be valuable.

The manuscript is well-written and organized. Minor revisions for clarity and coherence, particularly in the transitions between sections, would improve readability.

The reference list is comprehensive, covering a wide range of sources. Ensuring that all references are up-to-date and including more recent studies published in the last year could further strengthen the manuscript.

Response: Revised and uploaded the new document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.