

Exploring the Role of Family Resilience in Predicting Marital Functioning: A Cross-Sectional Study

Neda. Arvin¹^(b), Atefe. Namjoo^{2*}^(b), Sayedeh Lila. Mousavikhoo³^(b), Farhad. Namjoo⁴^(b), Samira. Keshavarz⁵^(b)

¹ Master's degree, Department of Educational Sciences, Bandar Abbas Branch, Islamic Azad University, Hormozgan, Iran ² Guidance and Counseling Department, Farhangian University, Isfahan, Iran

³ Master's degree, Department of Family Sociology, Yazd University, Yazd, Iran

⁴ Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada

⁵ Master's degree, clinical psychology, Yasouj Branch, Islamic Azad University, Yasouj, Iran

* Corresponding author email address: farhadnamjoo@kmanresce.ca

Editor	R e v i e w e r s
Mehdi Ghezelsfloo [®]	Reviewer 1: Qumars Karimi
Assistant Professor, Department of	Assistant Professor of Psychology Group, Mahabad Branch, Islamic Azad
Psychology, Gonbadkavos	University, Mahabad, Iran. Email: q.karimi20@iau-mahabad.ac.ir
University, Gonbadkavos, Iran.	Reviewer 2: Nader Monirpour [®]
Email:	Assistant Professor, Department of Psychology, Islamic Azad University, Qom
m.ghezelsefloo@gonbad.ac.ir	Branch, Qom, Iran Email: monirpor@qom.iau.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The cross-sectional design is appropriate for exploring associations between variables. However, the manuscript would benefit from a discussion on the limitations of cross-sectional designs, particularly in inferring causality.

The recruitment strategy from counseling centers and social networks is innovative, yet there might be concerns regarding sample representativeness. Future research could consider diversifying recruitment strategies to enhance generalizability.

The significant relationship found between family resilience and marital functioning is noteworthy. Expanding the discussion to consider how these findings align or diverge from previous research could enhance the manuscript's contribution to existing literature.

While the manuscript acknowledges limitations related to the cross-sectional design and self-reported measures, further discussion on how these limitations might affect the interpretation of results would strengthen the research integrity.

Response: Revised and uploaded the new document.

1.2. Reviewer 2

Reviewer:

The utilization of the Family Assessment Device (FAD) and Family Resilience Assessment Scale (FRAS) is commendable. Clarification on the selection criteria for these tools over other available measures could add depth to the methodological rationale.

The linear regression analysis is well-conducted. Including a discussion on potential moderating or mediating factors that could influence the relationship between family resilience and functioning might provide additional insights.

The manuscript suggests that enhancing family resilience could positively impact marital health. Offering specific examples of resilience-building strategies or interventions that practitioners can incorporate into therapy would be valuable.

Encouraging the exploration of longitudinal studies to ascertain causal relationships and recommending the investigation of resilience in different family structures or stages of marital relationship could guide future research efforts.

The manuscript makes a significant contribution to understanding the role of family resilience in marital functioning. Emphasizing the practical implications for family therapy and suggesting directions for future research would underscore the study's relevance.

Response: Revised and uploaded the new document.

2. Revised

Editor's decision: Accepted. Editor in Chief's decision: Accepted.

