



# Cultural Dynamics in Couple Therapy: Enhancing Marital Intimacy Through Tailored Interventions

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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The study's objective is well-defined and addresses a significant gap in the literature regarding the integration of cultural dynamics in couple therapy. The novelty of focusing specifically on cultural narratives and their impact on marital intimacy is commendable.

The quasi-experimental design is appropriate for the study aims. However, the use of convenience sampling limits the generalizability of the findings. Future studies could benefit from a more robust sampling strategy to enhance the external validity.

The manuscript provides practical implications for therapists and counselors. Elaborating on how these findings can be translated into everyday therapeutic practice, particularly in culturally diverse settings, would enhance its applicability.

The study makes a significant contribution to the field by demonstrating the positive impact of cultural sensitivity in couple therapy on marital intimacy. Highlighting how this approach can be integrated into existing therapeutic models would further its contribution.

Recommendations for how therapists can implement culture-based interventions in their practice are implied but could be explicitly outlined. Providing guidelines or a framework for implementation could be extremely beneficial for practitioners.

Response: Revised and uploaded the new document.

### 1.2. Reviewer 2

Reviewer:

The intervention is thoughtfully designed, with a clear focus on cultural sensitivity. Detailing the training and expertise of the therapists involved could further validate the intervention's effectiveness.

The statistical analysis, including ANOVA-RM, is rigorously conducted. Presenting effect sizes in addition to p-values would offer a more comprehensive understanding of the intervention's practical significance.

The study effectively highlights the importance of cultural considerations in enhancing marital intimacy. Expanding on how specific cultural elements were integrated into the therapy sessions could provide valuable insights for practitioners.

While limitations are acknowledged, a more detailed discussion on the implications of these limitations for future research and practice would be beneficial. Specifically, addressing the challenges of cultural generalizability and suggesting ways to overcome these in future studies could be helpful.

The manuscript provides valuable insights into the role of cultural dynamics in enhancing marital intimacy through couple therapy. Addressing the detailed comments provided, especially regarding methodological improvements and clearer practical implications, would strengthen the manuscript. I recommend a major revision to address these points.

Response: Revised and uploaded the new document.

## 2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.