



Joining Hands for Better Health: The Inception of the New Asian Journal of Medicine

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DEAR READERS,

We are delighted to introduce the New Asian Journal of Medicine (abbreviated name: *N Asian J Med*, <http://asianjmed.com>), a new open access scientific journal dedicated to advancing medical knowledge. Our goal is to provide a worldwide platform for researchers and scientists to share their most recent findings and ideas and to open the door to opinion papers, particularly, but not exclusively, in relation to Asian populations. The importance of highlighting research and discoveries specifically related to the diverse healthcare needs and practices worldwide, with a special focus on Asian populations, became clear to us as we recognized the need for a new journal with new perspectives in this field. The *N Asian J Med* seeks to bridge this gap by emphasizing the perspectives and insights provided by researchers from Asia and beyond. At the *N Asian J Med*, we are dedicated to making our journal available to all researchers from the entire world. Hence, our journal articles will be freely accessible (Open Access). For the time being, we will publish all articles for free in order to encourage researchers to submit their work to our newly launched journal. We believe that this approach will help us attract high-quality submissions from a diverse range of researchers and establish ourselves as a leading voice in the field of medicine. Our

scope and focus are broad, including clinical research, public health, and basic science. We are especially interested in research that addresses the health challenges that Asian populations face, but we welcome submissions from researchers worldwide. As we embark on this thrilling new adventure, we invite researchers, clinicians, and other medical stakeholders to join us in our mission to advance knowledge and improve humans' health outcomes. Together, we can build a vibrant and dynamic community of researchers committed to advancing medicine and improving people's health and well-being around the world.

The *N Asian J Med's* mission is to promote and disseminate high-quality research in all fields of medicine, with a focus on advancing our understanding of the health challenges that Asian populations face. Our ambition is to establish ourselves as a leading voice in the academic community and to provide a platform for researchers to share their work with a global audience. To that end, the journal accepts submissions in a variety of sections, including Allergy and Immunology, Alternative Medicine, Anaesthesiology, Biochemistry, Cancer Research/Oncology, Chronobiology, Community Medicine, Dermatology, Emergency Medicine, Family Medicine, Geriatrics, Health

Education, Haematology, Internal Medicine, Infectious Disease, Medical Biochemistry, Medical Education, Metabolic Medicine, Neurology, Nursing, Nutrition, Obstetrics and Gynaecology, Physiology, and Sports Medicine. The *N Asian J Med* will have a special focus on preventive medicine in addition to its broad scope. Indeed, we believe that prevention is the key to improving health outcomes and lowering disease burdens. Our emphasis on preventive medicine will be an important part of our mission, as we believe that prevention is the key to addressing many of our communities' most pressing health challenges. As a result, we welcome submissions that investigate the role of preventive medicine in promoting health through disease prevention, including articles on rehabilitation, exercise, and sports medicine, sleep medicine, nutrition, and mental health. We consider that by focusing on prevention, we can contribute to addressing some of the most pressing health issues confronting our communities, such as the rise in noncommunicable diseases such as diabetes mellitus, arterial hypertension, heart diseases, and cancer. We are dedicated to publishing research that advances our understanding of the factors that contribute to these diseases, as well as interventions that can aid in their prevention. The *N Asian J Med* aims to make a significant contribution to the field of medicine and to the health and well-being of people all over the world by focusing on preventive medicine and publishing high-quality research. Indeed, we are dedicated to upholding the highest scientific publishing standards. We trust that rigorous and transparent peer-review processes are essential for ensuring that only the most innovative and impactful research is published in our journal. Certainly, rigorous and transparent peer-review processes are required to maintain the quality of scientific research and to ensure that only reliable and accurate information is disseminated to the scientific community (1, 2). Peer-review is an important step in the scientific publishing process because it aids in the identification of errors, biases, and methodological flaws in research, thereby improving the overall quality of scientific output (3). Transparent peer-review processes improve the credibility and trustworthiness of scientific research by allowing for open and constructive feedback, increasing accountability, and preventing misconduct and fraudulent practices (4). Furthermore, the *N Asian J Med* will use plagiarism detection software to ensure the originality of submitted manuscripts, as plagiarism is a serious violation of academic integrity that can undermine scientific research credibility (5). While the *N*

Asian J Med welcomes all types of scientific articles, it is important to note that Institutional Review Board approval is required for any research paper involving human subjects to ensure ethical considerations are met (6, 7). We also strongly suggest that researchers in the field of medicine consult biostatisticians to ensure that their manuscript messages are backed by appropriate statistical analysis, and we encourage researchers to distinguish between statistically significant and clinically significant approaches (8). Additionally, in our editorial processes and content, we are committed to promoting diversity and inclusivity. We welcome submissions from researchers of all backgrounds and cultures, and we are committed to ensuring that our journal reflects the breadth of medical perspectives and ideas. However, we encourage the authors to study different ethnicities worldwide, with a special focus on Asia.

The *N Asian J Med* is dedicated to promoting academic research transparency and ethical practices. We believe that open and honest communication is critical to maintaining the integrity of the research process and ensuring the reliability and trustworthiness of the research results. As part of our transparency commitment, we encourage researchers to acknowledge any artificial intelligence (AI) technology used in their research or writing process, such as ChatGPT, Grammarly, or Quillbot (9). We recognize the growing importance of AI technologies in academic research and believe it is critical for researchers to be open about how they use these tools. Recognizing the use of AI technologies in research and writing can help to ensure that research results are reproducible and independently verifiable. It also promotes transparency and openness in the research process, which are critical for developing trust among researchers, publishers, and the broader academic community. We consider that by encouraging transparency and ethics in academic research, we can help promote the highest standards of scholarship while also ensuring that research results are reliable, trustworthy, and of the highest quality. We are excited to collaborate with researchers, reviewers, and other stakeholders to promote these values and advance medicine for the benefit of all. The *N Asian J Med* will be an important addition to the scientific literature on medicine and healthcare. We invite you to join us on this exciting journey by submitting your work to our journal and therefore contributing to the advancement of medical knowledge for the good of everyone.

Sincerely,

Editor-in-Chief, Dr. Ismail Dergaa (Ph.D.)

Managing Editor, Prof. Helmi Ben Saad (MD; Ph.D.)

ETHICS APPROVAL AND CONSENT TO PARTICIPATE

Not applicable

AVAILABILITY OF DATA AND MATERIALS

Not applicable

COMPETING INTERESTS

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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AUTHORS' CONTRIBUTIONS

I.D: conception and design.

I.D and H.B.S: analysis and interpretation of the data.

I.D and H.B.S: drafting of the paper.

I.D and H.B.S: revising it critically for intellectual content.

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DECLARATION

Not applicable.

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