

## Enhancing Social and Emotional Well-Being Through Drama Therapy: Evidence from Adolescents with Physical Disabilities


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## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

"It involves role play improvisation storytelling and other expressive arts..." - Cite specific studies or sources that discuss these components of drama therapy to support this statement.

"The Friendship Quality Scale (FQS) will be employed to measure the friendship quality..." - Provide information on the psychometric properties (e.g., reliability, validity) of the FQS specific to adolescents with physical disabilities.

"The drama therapy intervention for this study will be conducted over ten 60-minute sessions..." - Include a more detailed breakdown of the themes or activities for each of the ten sessions.

"The ANOVA will evaluate the main effects of the intervention and time as well as the interaction effect between group and time." - Consider adding a brief explanation of why repeated measures ANOVA is appropriate for this analysis.

"Descriptive Statistics for Friendship Quality and Emotion Regulation" - Add a column for the three-month follow-up to allow for a direct comparison of pre-intervention, post-intervention, and follow-up scores.

"These results suggest that drama therapy can be a valuable intervention for addressing the psychosocial challenges faced by adolescents with physical disabilities." - Discuss potential mechanisms or theories on why drama therapy might be effective for this population.

"Drama therapy offers a unique platform for adolescents to engage in role play improvisation and storytelling..." - Expand on how these specific activities may contribute to the observed improvements in friendship quality and emotion regulation.

"Additionally this study focused solely on quantitative measures of friendship quality and emotion regulation." - Recommend including qualitative measures or mixed methods approaches in future research to provide a richer understanding of participants' experiences.

Authors revised the manuscript and uploaded the document.

## 1.2. Reviewer 2

Reviewer:

"For adolescents with physical disabilities friendships can offer a buffer against the negative effects of social isolation and stigma." - Provide a citation to support this claim or discuss relevant studies in more detail.

"However physical disabilities can hinder social interactions and the formation of friendships." - Elaborate on the specific ways physical disabilities can affect social interactions, possibly with examples or case studies.

"The inclusion criteria for participants are: a physical disability diagnosis the ability to understand and communicate in the language of the sessions and parental consent." - Clarify whether any specific types of physical disabilities were targeted or excluded.

"By understanding and appreciating the feelings of others adolescents can develop more supportive and compassionate relationships." - Provide examples or case studies from the literature to illustrate this process.

"The activities in drama therapy such as improvisation and storytelling require participants to articulate their thoughts and emotions clearly." - Include references or examples from previous studies that highlight the effectiveness of these activities.

"By creating a safe and supportive environment fostering empathy and understanding enhancing communication skills and facilitating cognitive and emotional processing..." - Summarize key findings from the study that directly support these points.

"The sample size was relatively small which may limit the generalizability of the findings." - Suggest specific ways future research could address this limitation, such as multi-site studies or larger sample sizes.

Authors revised the manuscript and uploaded the document.

## 2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.