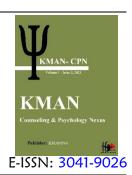


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## **KMAN Counseling & Psychology Nexus**

**OPEN PEER-REVIEW REPORT** 



# Exploring the Role of Family Relationships in Shaping Body Image Perceptions

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#### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

While the sample size is commendable, further information on the demographic diversity of participants, including age, socioeconomic status, and cultural background, would help assess the generalizability of the findings.

Theoretical Integration: Expanding on the theoretical frameworks that underpin the study could provide a deeper understanding of why and how family dynamics influence body image perceptions. Integrating theories from developmental psychology or family systems theory might offer richer contextualization.

Addressing Limitations More Thoroughly: While some limitations are acknowledged, a more detailed exploration of potential biases (e.g., self-report bias) and the implications of these limitations for interpreting the findings would strengthen the study.

#### 1.2. Reviewer 2

Reviewer:

This article makes a significant contribution to understanding the impact of family relationships on body image satisfaction. By addressing the areas for improvement highlighted above, future iterations of this research could provide even more nuanced insights into the mechanisms at play and offer clear directions for applying this knowledge in clinical and preventive settings. Enhancing the diversity of the sample, adopting a longitudinal design, deepening the theoretical grounding, and elaborating on practical applications would all serve to amplify the study's relevance and impact.

Longitudinal Perspective: The cross-sectional design limits the ability to discern causality and temporal dynamics. Future research could benefit from a longitudinal approach to better understand how changes in family relationships over time impact body image satisfaction.

Practical Implications: The article hints at the relevance of its findings for therapeutic practices and preventative interventions but stops short of offering detailed recommendations. Outlining specific strategies or programs that could leverage this knowledge to support individuals struggling with body image issues would greatly enhance the paper's practical value.

Response: Revised and uploaded the manuscript.

### 2. Revised

Editor's decision after revisions: Accepted. Editor in Chief's decision: Accepted.

