



Promoting Mental Health Among First Responders

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Reviewer 1: Chidinma Chikwe 
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1. Round 1

1.1. Reviewer 1

Reviewer:

This sentence is critical but lacks citation. Including references to key studies or reviews that support this statement would strengthen the argument. For example, refer to Soravia et al. (2021) for PTSD prevalence among first responders.

The concept of resilience is well-introduced. To provide a more comprehensive understanding, consider defining resilience and explaining how it can be measured in the context of first responders.

This sentence is insightful. However, it would be beneficial to discuss how these findings can be translated or adapted to first responders' context to make the connection clearer.

It would be valuable to include a brief description of what a psychological hotwash entails and how it differs from other debriefing methods to provide readers with a better understanding.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

This sentence is pivotal. To enhance its impact, consider discussing briefly why comprehensive mental health care is crucial, perhaps by mentioning the consequences of neglecting these needs on job performance and public safety.

This is an important point. However, it would be useful to provide specific data or percentages from Schwab's study to give readers a clearer picture of the extent of the problem.

While the COVID-19 pandemic's impact is relevant, this section could be improved by integrating more detailed statistics or findings from Liu et al. (2022) and Laukkala et al. (2021) to emphasize the pandemic's specific effects.

This statement is central to your argument. Consider expanding this section by discussing specific types of psychological support and debriefing techniques, and their proven efficacy.

Elaborate on what constitutes "appropriate" psychological debriefing. Providing guidelines or best practices would be beneficial for practitioners.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.