

Pastoral Counseling, Supervision/Consultation, Burnout, and Ethical Violations: A Review of the Literature

Sandra. Brand¹, Eman. Tadros^{2*}

¹ Division of Psychology and Counseling, Governors State University, University Park, Illinois, USA

² Department of Marriage and Family Therapy, Syracuse University, Syracuse, NY U.S.

* Corresponding author email address: Emantadros@gmail.Com

E d i t o r	R e v i e w e r s
Izet Pehlić  Full professor for Educational sciences, Islamic pedagogical faculty of the University of Zenica, Bosnia and Herzegovina izet.pehlic@unze.ba	Reviewer 1: Azade Abooei  Department of Counseling, Faculty of Humanities, University of Science and Art, Yazd, Iran. Email: a.abooei@tea.sau.ac.ir Reviewer 2: Roodabeh Hooshmandi  Department of Psychology and Counseling, KMAN Research Institute, Richmond Hill, Ontario, Canada. Email: roodhooshmandi@kmanresce.ca

1. Round 1

1.1. Reviewer 1

Reviewer:

"Burnout that results in emotional exhaustion, which typically manifests as a result of the demands and pressures of their roles (Frederick et al., 2021)." - This sentence is incomplete and lacks a main verb. Consider rephrasing for clarity.

""Pastors now have many family, congregational, and community duties." - This statement would be more compelling if supported with a discussion of how these roles have evolved historically.

"There is a lack of literature correlating burnout to impaired decision-making that harms the pastor, church, family, and community." - The identified gap is critical but could benefit from referencing specific studies that highlight this gap.

" - Detail the specific search terms and inclusion criteria for a clearer understanding of the methodology.

"The antidote to burnout is self-care." - Expand on specific self-care strategies and their documented effectiveness for pastoral counselors.

"Lack of financing has forced communities to turn to the church for support..." - Provide data or case studies to contextualize this financial strain on churches.

"Training, supervision, and consultation were not mentioned." - Highlight why these omissions are critical and suggest methods to address them.

"Dual relationships may be inescapable." - Suggest practical guidelines for managing unavoidable dual relationships ethically.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

"Are most churches proactive enough to recognize that this responsibility is different from overseeing other ministries within the church?" - This rhetorical question could be supported with examples or literature to add depth.

"Without clear boundaries, it is common to become consumed with the job's responsibilities..." - Consider including examples or case studies illustrating how unclear boundaries affect pastoral leaders.

"Congregation and community members expect pastors to fulfill multifaceted roles..." - This claim could be strengthened by specifying the source of these expectations or providing survey data.

"Nonexistent ethical systems can result in poor choices and unethical behavior." - This statement would be more impactful with examples of ethical systems and their application in pastoral contexts.

"Pastoral counselors can quickly become prey to a dual relationship with their clients..." - Clarify whether this observation is supported by recent statistics or studies.

"Pastors tend to avoid supervisory relationships..." - This is an important observation. Discuss possible cultural or organizational reasons for this trend.

"Many spiritual leaders recognized the importance of physical health..." - Include examples of successful health programs initiated by faith-based organizations.

"Consultation is a process that involves a consultant, a consultee, and a client system." - Elaborate on how consultation practices differ in faith-based versus secular settings.

"The absence of literature suggests a need for stricter guidelines..." - Provide specific areas where these guidelines could be implemented.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.