

The Effectiveness of Emotion Regulation Training on Conflict Resolution Skills in Married Female Students


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1. Round 1

1.1. Reviewer 1

Reviewer:

The sentence "Conflict resolution serves as an effective barrier against family-dissolving conflicts..." (Introduction) needs clarification. Consider providing empirical evidence or citations supporting the claim.

In Table 1, the variables are not fully described. Provide a brief explanation of what "Integration," "Avoiding," etc., measure and their implications.

The statement "Based on the F-value obtained from Levene's test, no significant difference was observed..." (Findings) should include the actual F-value and significance level for clarity.

In Table 3, the Partial Eta Squared values indicate the effect size. Discuss whether these are considered small, medium, or large effects per Cohen's guidelines.

The statement "According to psychological theories such as Gross's model (2007)..." (Discussion) could include a brief explanation of Gross's model for readers unfamiliar with it.

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

The sentence "Given the marital challenges faced by couples, psychologists have conducted research highlighting various therapeutic methods..." (Introduction) should include specific examples of these therapeutic methods for better context.

The statement "A review of the literature revealed that the effectiveness of emotion regulation training on conflict resolution skills among married students has not been previously examined" (Introduction) requires elaboration. Include a brief summary of the closest existing studies and their limitations.

In "Session 4: The focus of this session is to create changes in the triggering components of emotions..." (Intervention), provide examples of the specific exercises or activities used.

Clarify if the training sessions were administered by licensed professionals or researchers. Mention their qualifications for administering Gross's emotion regulation model (Intervention).

The phrase "These findings align with previous studies such as Ahmadian (2021)..." (Discussion) requires a deeper comparison. Specify how the findings align or differ from these studies.

In "Based on the findings of this study and previous research, it can be concluded..." (Conclusion), add specifics about how this study uniquely contributes to the existing body of literature.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.