

Comparing the Effectiveness of Sexual Cognitive-Behavioral Education and Sexual Well-Being Education on Sexual Satisfaction and Sexual Self-Efficacy of Couples with Low Sexual Well-Being

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E d i t o r	R e v i e w e r s
Izet Pehlic  Full professor for Educational sciences, Islamic pedagogical faculty of the University of Zenica, Bosnia and Herzegovina izet.pehlic@unze.ba	Reviewer 1: Mohammadreza Zarbakhsh Bahri  Associate Professor (Department of Psychology, Tonekabon Branch, Islamic Azad University, Tonekabon, Iran. Email: M.Zarbakhsh@Toniau.ac.ir Reviewer 2: Sara Nejatifar  Department of Psychology and Education of People with Special Needs, Faculty of Educational Sciences and Psychology, University of Isfahan, Isfahan, Iran

1. Round 1

1.1. Reviewer 1

Reviewer:

It would strengthen the argument to specify which populations have been previously studied and why the focus on couples with low sexual well-being is particularly novel.

Has this measure been validated in other studies, or was validation performed in the current study? This should be explicitly stated.

A more direct comparison with studies that tested similar interventions would strengthen the discussion.

More discussion is needed on why the sexual well-being education was superior for some aspects of sexual satisfaction. Was it due to emotional factors, cognitive reframing, or relational dynamics?

Response: Revised and uploaded the manuscript.

1.2. Reviewer 2

Reviewer:

Consider integrating a theoretical discussion explaining the mechanisms behind the two interventions.

The definition of sexual well-being could be made clearer by distinguishing it more explicitly from sexual satisfaction and self-efficacy.

Were additional post-hoc comparisons performed to determine where the differences lie? This should be clarified.

Effect sizes (Cohen's d , partial eta squared) should be explicitly reported for key findings to assess the magnitude of effects.

However, the study did not directly measure knowledge or awareness. Consider rephrasing to indicate this as a plausible interpretation rather than a definitive conclusion.

Response: Revised and uploaded the manuscript.

2. Revised

Editor's decision after revisions: Accepted.

Editor in Chief's decision: Accepted.