




## The Effectiveness of the Narrative-Based Acceptance and Commitment Counseling Package on Experiential Avoidance, Affective Capital and Desire to Divorce in Women on the Verge of Divorce




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### 1. Round 1

#### 1.1. Reviewer 1

Reviewer:

The research question and objectives should be explicitly stated in the introduction to provide a clear understanding of the study's aims. Specifically, it would be beneficial to delineate how this study's narrative-focused ACT counseling package differs from previous interventions in terms of content and expected outcomes.

The manuscript would benefit from additional details regarding the quasi-experimental design, particularly in the selection and randomization of participants. A more thorough explanation of the inclusion and exclusion criteria, as well as the process for ensuring the control and experimental groups are comparable at baseline, would strengthen the study's validity.

The statistical methods section should explicitly mention any assumptions checked prior to analysis (e.g., normality, homogeneity of variances) and justify the choice of repeated measures ANOVA, considering the study's design and data structure.

A more detailed description of the narrative-focused ACT counseling package, including session content and specific therapeutic techniques employed, would help readers understand the intervention's components and theoretical underpinnings. This could include examples of narrative and acceptance strategies used within sessions.

While the results indicate the intervention's effectiveness, presenting effect sizes for the main findings would offer a more nuanced understanding of the intervention's impact. Additionally, incorporating visual representations (e.g., graphs) of key results could aid in data interpretation.

The limitations section should be expanded to address potential biases and the generalizability of the findings. Specifically, discussing the study's applicability to different cultural or demographic contexts and acknowledging any limitations in the intervention delivery (e.g., facilitator variability) would provide a more balanced view.

The conclusion could be strengthened by suggesting specific areas for future research, such as exploring the intervention's effectiveness across different stages of marital conflict or examining long-term outcomes beyond the two-month follow-up.

Authors revised the manuscript and uploaded the document.

### 1.2. Reviewer 2

Reviewer:

Providing a statistical power analysis or rationale for the chosen sample size would enhance the credibility of the study design and the reliability of the findings.

The manuscript should discuss any ethical considerations or support provided to the control group, given their lack of intervention, and how this might influence the study's outcomes.

Including more detailed demographic information about the participants (e.g., socioeconomic status, duration of marital issues) could help readers assess the sample's representativeness and the findings' applicability.

The methods section should describe how dropouts or missing data were handled in the analysis to ensure transparency and robustness of the results.

The discussion should delve deeper into how the findings contribute to theoretical understanding of experiential avoidance, affective capital, and divorce desire in the context of marital counseling. This could involve linking specific components of the narrative-focused ACT package to observed outcomes.

Finally, providing clear, actionable recommendations for counseling practitioners based on the study's findings would make the research more applicable to clinical settings. This could include guidance on integrating narrative and acceptance strategies in marital counseling.

Authors revised the manuscript and uploaded the document.

## 2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.