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Comparison of the Effectiveness of Paradoxical Timetable Cure (PTC), Acceptance and Commitment Therapy Matrix (ACTM), and Emotion-Focused Therapy (EFT) on Self-Esteem and Marital Boredom in Women with Marital Conflict

Fatemeh Sadat. Hashemizadeh¹, Seyed Hamid. Atashpour^{2*}, Hadi. Farhadi^{3,4}

¹ PhD Student, Department of Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

² Associate Professor, Department of Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

³ Assistant Professor, Department of Psychology, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

⁴ Department of Organizational Psychology, National University Malaysia (UKM), Bangi, Malaysia

* Corresponding author email address: hamidatashpour@gmail.com

Editor

Mehdi Rostami^{id}
Department of Psychology and
Counseling, KMAN Research
Institute, Richmond Hill, Ontario,
Canada.
mehdirostami@kmanresce.ca

Reviewers

Reviewer 1: Mohsen Joshanloo^{id}
Associate Professor, Department of Psychology, Keimyung University, 1095
Dalgubeol Boulevard, Dalseo-Gu, Daegu 42601, South Korea. Email:
mohsen.joshanloo@unimelb.edu.au
Reviewer 2: Donatella Di Corrado^{id}
Associate Professor, Department of psychology, Kore University of Enna, Enna,
Italy. donatella.dicorrado@unikore.it

1. Round 1

1.1. Reviewer 1

Reviewer:

Strengths:

- Comparative Approach:** The study's strength lies in its comparison of three distinct therapeutic interventions, offering valuable insights into their respective efficacies.
- Thorough Methodology:** The use of self-esteem and marital boredom questionnaires, alongside repeated measures analysis of variance and follow-up tests, provides a solid foundation for the study's conclusions.

Limitations:

- **Specific Population Focus:** The research is limited to women with marital conflict, which might restrict the application of the findings to a broader demographic.
- **Therapeutic Interventions' Delivery:** The study does not thoroughly discuss the fidelity of the delivery of each therapeutic intervention, which is crucial for assessing the true effectiveness of these therapies.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

Key Observations:

1. **Research Design:** The quasi-experimental design, with clear delineation of the pre-test, post-test, and follow-up stages, is methodologically sound, ensuring a robust analysis framework.
2. **Statistical Processing:** The application of advanced statistical methods like ANOVA enhances the credibility of the findings.

Critical Points:

- **Sample Selection and Size:** The study's sampling method and sample size could impact the generalizability of the results. A more diverse and larger sample would have strengthened the study's findings.
- **Control Group Implementation:** The research could benefit from a more detailed description and analysis of the control group's treatment or non-treatment, as this would provide a clearer benchmark for comparing the effectiveness of the therapeutic interventions.

Overall Evaluation: The study presents a significant contribution to the field of marital therapy, especially in understanding the effectiveness of different therapeutic approaches for women experiencing marital conflicts. The rigorous methodological approach and comprehensive statistical analysis provide valuable insights, although the limited sample scope and lack of detailed control group analysis present opportunities for more detailed exploration in future research.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's (The editor) decision: Accepted.