

Effectiveness of Cognitive Behavioral Therapy (CBT) on Emotional Regulation and Quality of Life in Divorced Women


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1. Round 1

1.1. Reviewer 1

Reviewer:

Broaden the scope to include a wider range of studies on CBT's impact on emotional regulation and quality of life, especially in populations facing significant life transitions such as divorce.

Provide more detailed information on the participant selection process, including inclusion and exclusion criteria, to enhance the study's replicability.

Offer a deeper explanation of the statistical methods used, emphasizing how they support the study's conclusions.

Integrate the findings more thoroughly with existing literature, highlighting the study's contribution to understanding the effectiveness of CBT for divorced women.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:



Sharpen the research objectives to clearly define the expected outcomes of CBT on the target population.
Strengthen the theoretical framework by linking CBT's principles more directly to the challenges faced by divorced women.
Describe the CBT intervention in greater detail, including session content and therapist qualifications.
Enhance the presentation and interpretation of data analysis, providing clear evidence for the effectiveness of CBT.
Highlight practical implications for mental health practitioners, offering guidelines for implementing CBT in similar populations.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's (The editor) decision: Accepted.