






Predicting Marital Burnout Based on the Severity of Early Maladaptive Schemas and Criteria for Mate Selection in Female Teachers

Maryam. Dehghani¹, Shabnam. Ashayeri², Amaneh. Aramideh³, Azadeh. Saremi⁴, Atena. Poohashem Sarhammami^{5*}

¹ M.A, Family Counseling, Marodasht Branch, Islamic Azad University, Marodasht, Iran

² M.A, Family Counseling, Estehban Branch, Islamic Azad University, Estehban, Iran

³ M.A, Clinical Psychology, South Tehran Branch, Islamic Azad University, Tehran, Iran

⁴ M.A, General Psychology, Payam Noor University, Nowshahr, Iran



⁵ M.A of Counseling, Faculty of Psychology and Educational Sciences, Allameh Tabatabai University, Tehran, Iran

* Corresponding author email address: poorhashematena26@gmail.com

Editor

Shahnaz Khaleghipour
Associate Professor, Department of
Psychology, Naein Branch, Islamic
Azad University, Naein, Iran
sh.khaleghipour@iau.ac.ir

Reviewers

Reviewer 1: kambiz Poushneh
Assistant Professor, Counseling Department, Central Tehran Branch, Islamic Azad
University, Tehran, Iran. Email: kam.poshneh@iauctb.ac.ir
Reviewer 2: Taher Tizdast
Assistant Professor, Department of Psychology, Tonekabon Branch, Islamic Azad
University, Tonekabon, Iran. taher.tizdast@toniau.ac.ir

1. Round 1

1.1. Reviewer 1

Reviewer:

The introduction does a commendable job framing the research but could benefit from a clearer delineation of how this study builds upon or diverges from existing literature. A brief discussion on the novelty or the specific gap this research aims to fill would strengthen the paper's contribution claim.

While the purposive sampling method is apt for the study's aims, a more detailed justification for the choice of female teachers as the population of interest could further solidify the paper's foundation. Additionally, elaborating on the criteria for participant selection might enhance the reader's understanding of the study's scope and limitations.

The analytical approach is sound; however, the paper could benefit from a more detailed explanation of the choice of statistical tools and the rationale behind them. A deeper dive into the interpretation of the regression model's significance could also offer readers a more nuanced understanding of the findings.

The discussion provides a robust connection between the findings and existing theories; nonetheless, integrating more comparative analysis with similar studies could enrich the discourse. Highlighting how these findings align or contrast with prior research would offer a more comprehensive view of the study's place within the broader field.

The section on limitations and future research directions is well-articulated. It might be enhanced by including suggestions for overcoming these limitations in future studies, particularly regarding the generalizability of the findings beyond the specific demographic of female teachers in Shiraz.

Ensure that all references are up-to-date and accurately cited throughout the text. A quick review for any potential missing citations or outdated references could improve the paper's credibility and scholarly contribution.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The paper could significantly benefit from an expanded theoretical framework that more deeply explores the psychological theories underpinning early maladaptive schemas and their relation to marital burnout. Providing a more detailed theoretical grounding would strengthen the argument for the relevance and urgency of the study.

The current literature review might be expanded to include a broader range of studies, particularly those that have examined similar variables in different cultural contexts or among other demographics. This would provide a richer backdrop against which to interpret the study's findings.

While the research design is appropriate, the methodology section could be enhanced by including more detailed information on the questionnaire adaptation process, data collection protocols, and the rationale behind the statistical methods chosen. Clarifying these aspects could improve the replicability of the study and the reliability of its conclusions.

The results section robustly presents the findings but could be improved by a more thorough analysis of alternative explanations or factors that might influence the observed relationships. Discussing potential confounding variables and how they were addressed (or could be addressed in future research) would provide a more comprehensive understanding of the study's implications.

The discussion would benefit from a clearer articulation of the practical implications of the findings, including specific recommendations for educational policymakers, mental health professionals, and marital counselors. Suggestions for how these findings might inform the development of targeted interventions to reduce marital burnout would greatly enhance the paper's contribution to both theory and practice.

Given the study's focus on a specific demographic, future research directions could include recommendations for exploring these relationships among more diverse populations, including male teachers, non-binary individuals, and those in different cultural settings. Addressing diversity and inclusion could broaden the study's relevance and applicability.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's (The editor) decision: Accepted.