




## Effectiveness of Emotion-Focused Therapy on Assertiveness and Anger Rumination in Women Victims of Domestic Violence


Sara. Leshani<sup>1</sup>, Mehryar. Anasseri<sup>2\*</sup>, Maryam. Ghahremani<sup>2</sup>

<sup>1</sup> M.A., Department of Psychology, Ashtian Branch, Islamic Azad University, Ashtian, Iran



<sup>2</sup> Assistant Professor, Department of Psychology, Ashtian Branch, Islamic Azad University, Ashtian, Iran

\* Corresponding author email address: dr.anasseri1969@gmail.com

### Editor

Samaneh Najarpourian  
Associate Professor, Department of  
Psychology, Hormozgan University,  
Bandar Abbas, Iran  
Email: najarpourianhormozgan.ac.ir

### Reviewers

Reviewer 1: Moloud Keykhosrovani  
Assistant Professor, Department of Psychology, Busher Branch, Islamic Azad  
University, Bushehr, Iran.  
Email: moloud.keykhosrovani@iaubushehr.ac.ir  
Reviewer 2: Hossein Keshavarz Afshar  
Assistant Professor, Department of Educational Psychology and Counseling,  
University of Tehran, Tehran, Iran. Email: keshavarz1979@ut.ac.ir

## 1. Round 1

### 1.1. Reviewer 1

Reviewer:

The literature review provides a comprehensive background on domestic violence and its psychological impacts. However, it could benefit from a more detailed discussion on the theoretical underpinnings of EFT and its application in trauma and domestic violence contexts. Adding recent studies that have utilized EFT in similar populations could provide a stronger rationale for the current study.

The sampling method and participant selection are well-described, but the manuscript lacks a detailed justification for the sample size. Given the potential variability in response to therapy, a power analysis or a rationale for the chosen sample size could enhance the methodological rigor.

The intervention description is thorough but could be improved by providing more detailed information about the therapists' training and experience with EFT, as well as any standardization procedures used to ensure fidelity in the therapy delivery.

The results are clearly presented and indicate significant findings. However, the discussion of statistical methods could be expanded. Specifically, the choice of multivariate and univariate covariance analysis should be justified, and any assumptions tested (beyond normality and homogeneity of variances) should be reported.

The manuscript would benefit from a more detailed exploration of the clinical significance of the findings. While statistical significance is established, discussing the effect sizes and their implications for practice could greatly enhance the manuscript's impact.

The discussion adeptly situates the study's findings within the broader literature. However, it could further benefit from a more critical examination of the limitations, particularly concerning the generalizability of the results to different cultural contexts or to populations with varying degrees of exposure to domestic violence.

Future research directions are briefly mentioned but could be elaborated upon. Suggestions for exploring the long-term effects of EFT, its application in group therapy settings, or comparative studies with other therapeutic approaches would be valuable.

Some typographical and grammatical errors need to be addressed to improve the readability of the manuscript.

In several instances, the manuscript could benefit from a more precise use of terminology related to psychological interventions and statistical analysis.

Authors revised the manuscript and uploaded the document.

## 1.2. Reviewer 2

Reviewer:

The introduction effectively sets the stage for the study but could be improved by briefly discussing existing interventions for domestic violence victims. Highlighting gaps in the current literature that the study aims to fill would strengthen the manuscript's contribution.

The description of the intervention is detailed; however, including session-specific objectives or themes could offer readers a clearer understanding of the EFT process and its components.

Clarification on the ethical considerations, particularly regarding participants' safety and psychological well-being, would enhance the ethical transparency of the study. While ethics approval is mentioned, discussing the specific measures taken to protect participants would be beneficial.

The presentation of results is clear, but incorporating visual aids such as graphs or tables that summarize the key findings could enhance reader comprehension and engagement.

A brief discussion on the practical implications of the findings in the results section, such as potential for integration into existing domestic violence support programs, would provide immediate context for the significance of the study's outcomes.

While the discussion provides a good synthesis of the findings, incorporating a comparison with findings from similar studies could provide a richer context for understanding the unique contributions of this study.

The limitations section is appropriately considered, but adding suggestions for mitigating these limitations in future research could offer valuable direction for subsequent studies.

Consistency in terminology related to domestic violence and psychological outcomes throughout the manuscript would improve its professional quality.

A careful proofreading pass is recommended to correct minor grammatical errors and ensure consistency in formatting references.

Authors revised the manuscript and uploaded the document.

## 2. Revised

Editor's decision: Accepted.

Editor in Chief's (The editor) decision: Accepted.