

Effectiveness of Cognitive-Behavioral Therapy on Cognitive Emotion Regulation and Anxiety in Divorced Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The literature review would benefit from a more detailed discussion of prior studies that have directly compared different types of interventions for anxiety in divorced women. This would contextualize your findings within the existing body of research.

Provide more details about the randomization process in the methods section to enhance the reliability of the study setup.

Include a statistical power analysis to justify the sample size of 30 participants. This is crucial for understanding the study's ability to detect a significant effect.

Discuss the validity and reliability of the measurement tools (CERQ and Beck Anxiety Inventory) in the context of your study population.

Elaborate on the choice of multivariate analysis of covariance (MANCOVA) and ensure the assumptions of this test were met before applying it.

Authors revised the manuscript and uploaded the document.



1.2. *Reviewer 2*

Reviewer:

The research question needs to be clearly stated in the introduction to align the reader with the scope of the study. Consider reformulating the question to specify the aspects of emotion regulation and anxiety you are focusing on.

Expand on the ethical considerations, especially regarding the psychological impact on participants and how any adverse effects were managed.

Discuss the implications of the findings being limited to a specific demographic (divorced women in Tehran) and how this affects the generalizability of the results.

Refine the abstract to more succinctly summarize the study's objectives, methods, key findings, and implications.

Provide a more detailed breakdown of participant demographics, including age distribution and socio-economic background.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.