






Effectiveness of Acceptance and Commitment Therapy on Family Functioning and Inefficient Attitudes of Women in Second Marriages

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1. Round 1

1.1. Reviewer 1

Reviewer:

The literature review, while providing an overview of the subject, lacks a critical analysis of previous studies. It would benefit from a more in-depth discussion on how the current study's findings compare with existing research, especially those with contradictory results.

The small sample size and the convenience sampling method raise concerns about the study's generalizability. Future research should consider a larger and more diverse sample to enhance the validity and applicability of the findings across different demographics.

The study would benefit from more detailed methodological explanations, particularly regarding the selection criteria for participants, the randomization process, and the specific content and exercises used in the ACT sessions. This detail is crucial for the replicability of the study.

While the manuscript provides an overview of the statistical findings, it lacks a detailed discussion on the effect sizes, which are essential for understanding the practical significance of the results. Additionally, including a more comprehensive analysis

of the data, such as examining the potential moderators or mediators, could provide deeper insights into the mechanisms driving the observed effects.

The discussion on limitations is brief. A more thorough examination of potential biases, the implications of the control group not receiving any intervention, and the absence of long-term follow-up data would strengthen the manuscript. Furthermore, suggestions for future research should explicitly address these limitations and propose methods to overcome them.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

The manuscript could benefit from a thorough proofreading to correct occasional grammatical errors and improve sentence structure for better readability.

While the manuscript outlines the sessions' content, providing more detailed descriptions of the exercises and discussions conducted during the ACT sessions would enhance understanding of the intervention's components.

The manuscript briefly touches on the implications of the findings for practitioners. Expanding this section to discuss how ACT can be integrated into existing therapeutic practices for women in second marriages would be beneficial.

Some references appear to be somewhat dated. Including more recent studies, especially those published in the last three to five years, would ensure that the manuscript reflects the current state of research in this area.

It might be helpful to include an acknowledgment of any assistance received during the research process, such as contributions from colleagues or feedback from participants.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.