

The Effectiveness of Acceptance and Commitment Therapy on Marital Frustration and Attitude Towards Divorce Among Married Women on the Verge of Divorce

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1. Round 1

1.1. Reviewer 1

Reviewer:

The introductory section requires restructuring for better flow and coherence. Consider introducing the background of marital frustration and divorce more gradually and linking it clearly to the significance of ACT in this context. Use more transitional phrases to guide the reader from general information about marriage and its issues to the specifics of ACT.

Expand the literature review by including studies that discuss alternative therapies for marital issues, which will provide a comparative backdrop for ACT's effectiveness. This will also strengthen the argument by highlighting what is unique or particularly effective about ACT.

Provide more details on the questionnaire validation process. Mention any adaptations made to the tools for the cultural context of Tehran, if applicable. This will enhance the reliability of the method section.

The manuscript should include a justification for the sample size chosen. If statistical power analysis was conducted, details of this should be included to support the adequacy of the sample size for detecting a significant effect.

Enhance the explanation of the statistical methods used, particularly the choice of ANCOVA. A brief rationale for why this test is suitable for the data and the specific hypotheses being tested would be informative.

Authors revised the manuscript.

1.2. Reviewer 2

Reviewer:

Revise the abstract to briefly mention the methodological design and main findings more precisely. Ensure that the abstract concisely reflects the scope, purpose, and conclusions of the study to serve as an effective standalone summary.

Ensure consistency in the use of key terms such as "marital frustration" and "attitudes towards divorce." Define these terms early in the text and stick to these definitions to avoid ambiguity.

Elaborate on the settings and times at which data were collected, which would help in understanding the environmental and temporal context of the study, potentially affecting participant responses.

Consider adding graphs or charts to visually represent the changes in marital frustration and attitudes towards divorce pre- and post-intervention. Visual aids can help in quickly conveying key findings to the reader.

Expand on the ethical considerations by detailing the consent process, especially how participants were informed about the purpose of the study and their right to withdraw. This is crucial for ethical transparency.

Authors revised the manuscript.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.