




Effectiveness of Acceptance and Commitment Therapy Based on Positive Psychology Approach on Rumination and Positive and Negative Meta-emotions in Anxious Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

The link between the literature review and the research question could be strengthened by explicitly stating how this study fills a gap in the existing research.

Consider adding more recent studies to support the claims about the prevalence and impact of anxiety on women.

Elaborate on the selection criteria for participants, particularly any psychological screening conducted prior to their inclusion.

The quasi-experimental design should be justified against other potential experimental designs.

Provide details about the randomization procedure to enhance the replicability of the study.

Improve the overall flow of the paper by linking sections logically, ensuring that each section naturally leads to the next.

Authors revised the manuscript.

1.2. Reviewer 2

Reviewer:

The abstract should briefly summarize the methods and key findings. It would be beneficial to add a sentence on the study design and the main conclusion to enhance clarity.

Specify any steps taken to mitigate experimenter bias during the data collection.

Discuss the validity and reliability of the Rumination Questionnaire and Meta-emotions Questionnaire in the context of this study's population.

Include a subsection on the statistical methods used for data analysis to clarify the approach for readers.

Present effect sizes alongside p-values to provide a clearer understanding of the magnitude of observed effects.

Consider adding confidence intervals in the tables for key statistics to aid in interpretation.

Include a figure or graph to visually represent the interaction effects, if any, between the treatment and control groups over time.

The discussion section should address potential confounders and limitations more explicitly.

Compare the results with conflicting studies and discuss possible reasons for discrepancies.

Expand on the implications of the findings for clinical practice.

Summarize the key findings succinctly and suggest practical applications or further research areas.

Ensure the conclusion aligns directly with the research question and reflects the results section.

Detail the intervention protocol more comprehensively to allow for replication in future studies.

Explain the choice of analysis method, particularly why covariance analysis was chosen and its suitability given the study design.

Consistency in terminology: Ensure that terms like "meta-emotions" and "rumination" are used consistently throughout the paper to avoid confusion.

Authors revised the manuscript.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.