






Effectiveness of Acceptance and Commitment Therapy on the Desire for Divorce and Forgiveness in Betrayed Women

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1. Round 1

1.1. Reviewer 1

Reviewer:

Abstract - Methods: "The sample for this study was selected through convenience sampling." - Consider providing a rationale for using convenience sampling and discuss any potential biases it might introduce.

Introduction - Paragraph 3: "Forgiveness involves changes in emotions and attitudes towards the wrongdoer..." - Elaborate on how forgiveness is operationally defined and measured in the context of this study.

Methods and Materials - Study Design: "Participants in the experimental group received ACT for 8 weeks with one 60-90 minute session per week." - Specify who delivered the ACT sessions and their qualifications to ensure the credibility of the intervention.

Intervention - Session 1: "Participants were introduced to the concept of mindfulness and engaged in a brief mindfulness exercise..." - Describe the specific mindfulness exercise used to allow replication and better understanding of the intervention.

Data Analysis: "Descriptive statistics including means and standard deviations were calculated for both the experimental and control groups..." - Present the descriptive statistics in a more detailed table, including standard errors and confidence intervals where applicable.

Findings and Results - Assumptions: "Normality of the distribution for the dependent variables was assessed using the Shapiro-Wilk test..." - Provide detailed results of these tests in a supplementary table or appendix to support the assumptions checks.

Discussion - ACT and Commitment: "Commitment increases trust between spouses and motivates individuals to remain in the marital relationship..." - Integrate specific examples or quotes from participants (if available) to illustrate how ACT impacted their commitment.

Limitations and Suggestions - Sample Size: "The sample size was relatively small consisting of only 30 couples..." - Discuss how this small sample size affects the power of your study and the generalizability of your findings.

Authors revised the manuscript and uploaded the document.

1.2. Reviewer 2

Reviewer:

Introduction - Paragraph 1: "Infidelity is a violation of trust and represents a lack of loyalty and moral commitment to one's spouse." - Provide references to support this statement and consider including recent studies on the psychological impact of infidelity.

Measures - Forgiveness: "The original form of this scale consists of 40 constructed-response items..." - Clarify if the entire scale was used or if any modifications were made for this study. Include information on the reliability and validity of the modified scale if applicable.

Measures - Desire for Divorce: "Cronbach's alpha and item-total correlation were used to calculate reliability." - Report the Cronbach's alpha values obtained in the current study to provide context on the internal consistency of the measures used.

Intervention - Session 6: "The sixth session was dedicated to the concept of forgiveness..." - Include more details on the exercises and techniques used to facilitate forgiveness during this session.

Findings and Results - Table 1: "Pre-Test M (SD) Post-Test M (SD)" - Add a column for the percentage change or effect size to provide a clearer picture of the intervention's impact.

Findings and Results - ANCOVA: "The F ratio for the covariance analysis of the experimental and control groups in the desire for divorce variable indicates a significant difference..." - Report partial eta-squared values to give readers a sense of the effect size.

Discussion - Paragraph 1: "These results align with the findings of Aghili et al. (2022)..." - Discuss any discrepancies between your findings and those of Aghili et al. (2022) and other cited studies, providing possible explanations for differences.

Authors revised the manuscript and uploaded the document.

2. Revised

Editor's decision: Accepted.

Editor in Chief's decision: Accepted.